

My Hertfordshire Healthcare Passport

For children and young people with learning disabilities, learning difficulties, SEND and complex health needs accessing health services.

My name:			
Advance care plan?	Yes		No
Interpreter required?	Yes		No
Reasonable adjustments?	Yes		No
Passport created:			

Some young people and families may need help to fill this in as it is currently unavailable in braille or on adaptive devices.

Nursing and medical staff, please look at my passport before you begin any interventions with me.



Things you must know about me

Things that are important to me

My likes and dislikes

Please print and/or save this in colour or have on your mobile phone.

Name:

NHS number:

Things you should know about me



Name:

Known as/preferred pronouns:



NHS number:

Date of birth:

Address:



Phone:

Email:



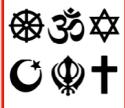
How I communicate / what language I speak:



Family contact: parent, carer or other. Indicate if this person has parental responsibility, Deputyship, or LPA (legal power of attorney).

Address:

Phone:



Religious/cultural/spiritual needs

Ethnicity:

Name:

NHS number:

Things you should know about me



These teams must be informed if I am in hospital or when I get really unwell:

All contact details for professionals involved with me are at the back of this booklet.



Allergies:

* If you require more space please use pages 17 - 20



My dietary needs:

* If you require more space please use pages 17 - 20



Medical interventions: how I like you to take my blood, give injections etc:

My normal observations are:

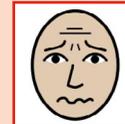
Heart rate:

Respiratory rate:

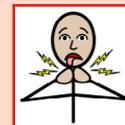
Temperature:

Oxygen saturations:

Other:



What to do if I'm anxious:



Risk of choking, dysphagia (eating / drinking / swallowing):

Name:

NHS number:

Things you should know about me



My on-going/ long-term medication:



My main diagnosis and/or learning disability:



My medical history:

Name:

NHS number:

Things you should know about me



This information helps others to know how I like to communicate and how to meet my access needs. These are often called "reasonable adjustments". Please tick and give details for any which apply to you, leave blank if not applicable

Allow me to move around the room

Give me time to think about each question you ask me

Give me a quiet waiting area/allow me to wait outside

Other:

Consider my sensory needs as some spaces can be too much or not enough to make me feel comfortable:

 Sound

 Smell

 Lights

 Textures

Other:

Name:

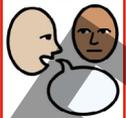
NHS number:

Things you should know about me

I prefer to communicate through:



My parent/ carer



Talking



Typing/my communication device (AAC device)



Drawing

Other:



If there is a choice of appointment day and/or time, this is when to avoid if possible so I can attend the appointment:

Name:

NHS number:

Things you should know about me

If you can give me a choice of where to meet, I prefer:



Telephone



Video call



In clinic



At school



At home



Other important things you need to know about my access requirements e.g. potential triggers (please give a brief list to help health care staff):

Name:

NHS number:

Things that are important to me



What help will I need if I am in hospital? E.g. accessing the toilet, knowing what is where, asking for help:

Blank box for writing about hospital help needs.



Important things to know about me as I am developing: (e.g. menstruation, puberty, sexuality)

Blank box for writing about important things to know during development.



How I move around: (walking aids, wheelchair hoist)

Blank box for writing about how to move around.



How I manage personal care: (dressing, washing, toileting etc.)

Blank box for writing about personal care management.

Name:

NHS number:

About me

People in my family and people who are important to me:

Blank box for drawing or writing about important people.

Please add a photo here of your child / young person if you wish to:

Blank box for adding a photo of the child/young person.

Name:

NHS number:

My likes and dislikes:

please use these to help me accept health care

Examples of likes: what makes me happy, things I enjoy such as watching TV, reading, music, crafts.

Examples of dislikes: shouting, food I don't like, physical touching.

Things I like:
(please do this)



Things I don't like:
(please don't do this)



Example

Name:

NHS number:

My usual routine

This can be completed if I am admitted to hospital or staying in a different setting (respite, foster homes etc) to share my daily routine e.g. eating/feeding, sleeping, personal care.

Morning:

Afternoon:

Bedtime:

Example

Name:

NHS number:

My sleeping routine

My regular sleeping pattern is:

Example

How do I like to be positioned when I'm in bed?

Please include a detailed description or photos

Example

Name:

NHS number:

Any other information you would like to share

Example

Name:

NHS number:

Notes

Example

Name:

NHS number:

Professional contact details

If you are using 'My journey' you don't need to complete these pages

Health teams, Children's Services, School / Nursery

Name and role	Location	Contact details

Example

Name:

NHS number:

Professional contact details

If you are using 'My journey' you don't need to complete these pages

Health teams, Children's Services, School / Nursery

Name and role	Location	Contact details

Example

Name:

NHS number:

Professional contact details

If you are using 'My journey' you don't need to complete these pages

Health teams, Children's Services, School / Nursery

Name and role	Location	Contact details

Example

Name:

NHS number:

Useful information and charities

The following links have been recommended by local families and may be helpful for you (please note that we are not responsible for the content of these sites).

Hertfordshire local offer:

www.hertfordshire.gov.uk/microsites/local-offer/the-hertfordshire-local-offer.aspx

The Local Offer lets parents and young people know what special educational needs and disabilities services are available in Hertfordshire, and who can access them.

Healthier Together:

www.healthiertogether.nhs.uk

NHS information and advice from birth to adulthood

Neurodiversity hub link:

<https://www.hertfordshire.gov.uk/microsites/local-offer/resources-for-parents-and-professionals/the-neurodiversity-hub.aspx>

Support, advice and signposting related to neurodiversity, ADHD and autism

Herts Help:

<https://www.hertshelp.net/our-services/>

Help and advice for people facing exceptional and unexpected pressures, including financial advice and practical support

Carers in Herts:

<https://www.carersinherts.org.uk/>

Support, information and advice for unpaid carers

Young Carers:

<https://www.carersinherts.org.uk/young-carers/>

Support and activities for young carers

Local parent carer forum (HPCI):

<https://www.hertsparentcarers.org.uk/>

The HPCI works to make sure that local service providers know what families with children and young people with SEND need. They gather parent carer views and work in partnership to bring about positive change across health, education, and social care services.

Name:

NHS number:

Useful information and charities

Sendiass:

<https://www.hertssendiass.org.uk/home.aspx>

independent support and advice service for SEND

Resend:

<https://resend.org.uk/>

Independent support and advice service for SEND

Little Journey app:

<https://www.littlejourney.health>

Free smartphone app for families with interactive content linking to local health services e.g. virtual hospital tours

Family fund:

<https://familyfund.org.uk/>

helping disabled children through support, advice and practical help such as grants

Contact:

<https://contact.org.uk/>

helping families with disabled children through support, connection and guidance

Mencap:

www.mencap.org.uk/gettingitright

Support, advice and services for families of children with learning disability

Council for disabled children:

www.councilfordisabledchildren.org.uk

Umbrella body providing collective voice for children with disability, with networks, programmes and special interest groups

React:

<https://reactcharity.org/>

Supporting families with basic needs when a child is diagnosed with a life-threatening or potentially life-limiting illness

Useful information and charities

New Life:

<https://newlifecharity.co.uk/>

Charitable provider of equipment and grants for children with disability

Cerebra:

<https://cerebra.org.uk>

Support and advice for families with children with brain conditions and autism, including education, sleep, behaviour and stress

Well Child:

<https://www.wellchild.org.uk/get-support/join-our-community/the-wellchild-family-tree/>

supporting families with children who have serious and complex health needs, including advice and peer connection

Together for short lives:

www.togetherforshortlives.org.uk

Leading UK charity for children's palliative care, family support, grants and legal advice

Easy health:

www.easyhealth.org.uk

Accessible health information and advice

Confident Conversation:

<https://confidentconversationscharity.org/>

Supporting parents and carers when a child is in hospital, with practical information to help families when talking to hospital staff.

Adapted and developed from Mencap (2020) by East and North Hertfordshire Teaching NHS Trust Children's Services Co-Production Group. This document is reviewed yearly, please email feedback to: enh-tr.roalddahlcmc@nhs.net

Passport completed by:

Date:

Dates of any updates: