

Patient information – patient-initiated follow-up plus (PIFU+)

CPAP/Sleep

What is a ‘patient-initiated follow-up plus’ (PIFU+)

A patient-initiated follow-up plus, also known as PIFU+, means that you are in control of making your own follow-up appointments at a time when you need them, or when your circumstances change. On expiry of your PIFU+ timeframe, your condition will be clinically reviewed after which a decision will be made on the follow-up care you require.

How does PIFU+ work

- You will have agreed with your healthcare professional that a PIFU+ is suitable for you. Your GP will be informed of this by letter.
- You will have access to the PIFU+ service for a period of time. If you require a follow-up appointment during this time, you can contact the hospital to book an appointment without the need to be referred by your GP.
- Making an appointment is easy; you just need to call the telephone number provided on the back of this leaflet. You will be asked for your NHS number which can be found at the top of any hospital letter you have received.
- At the end of your PIFU+ pathway you will be clinically reviewed in either a telephone, video or face-to-face appointment. Your case will be clinically reviewed, and a decision will be made on the follow-up care you require.

When should I not use PIFU+

You should not use PIFU+ for medical problems that are not related to this specialty/condition. For anything else, your GP remains your first point of contact.

Please turn over for more information relating to your CPAP/Sleep PIFU+

The CPAP/Sleep PIFU+ service:

- You will have 18 months of access to the CPAP/Sleep service via PIFU+.
- Before your PIFU+ expires in 18 months, you will be reviewed by your healthcare professional from the service. We will contact you after this review by letter.

Under what circumstances should I arrange an appointment?

Your healthcare professional will advise you of the circumstances in which you should arrange an appointment. This will depend on your specific condition.

Some examples of reasons to arrange an appointment could include:

- A progression or relapse of your condition requiring a change to treatment.
- Concern about side effects from your current treatment.

To have a PIFU+ appointment you must:

- Have been told by your healthcare professional that this is appropriate for you.
- Contact us within the timeframe advised by your healthcare professional.

If you wish to access the CPAP/Sleep PIFU+ service:

Please telephone 01438 286301

Office opening hours: Monday to Friday, 8.30am – 4pm

