

My Healthcare Passport

For children and young people with learning disabilities
or complex health needs accessing health services

My name:			
Advance care plan?	Yes		No
Interpreter required?	Yes		No
Reasonable adjustments?	Yes		No
Passport created:			

This is a family held record

Nursing and medical staff, please look at my passport before you begin any interventions with me.



Things you must know about me

Things that are important to me

My likes and dislikes

Child's name:

Child's NHS number:

Things you should know about me



Name:

Known as/preferred pronouns:



NHS number:

Date of birth:

Address:



Phone:

Email:



How I communicate / what language I speak:



Family contact person, carer or other support:

Relationship e.g. Mum, Dad, home manager, support worker:

Address:

Phone:



Reasonable adjustments required in health care settings:

Child's name:

Child's NHS number:

Things you should know about me



Religion:

Religious / spiritual needs:

Ethnicity:



Please inform these teams that I am in hospital:

All contact details for professionals involved with me are at the back of this booklet.



Allergies:



Medical interventions: how I like you to take my blood, give injections etc.:

My normal observations are:

Heart rate:

Respiratory rate:

Temperature:

Oxygen saturations:

Other:



What to do if I'm anxious:



Risk of choking, dysphagia (eating / drinking / swallowing):

Child's name:

Child's NHS number:

Things you should know about me

My current medication:



My main diagnosis:



My medical history:



Child's name:

Child's NHS number:

Things that are important to me

How to communicate with me:



How I take medication:
(whole tablets, crushed tablets, injections, syrup)



How you know I am in pain:



How I move around:
(posture in bed, walking aids, wheelchair, hoist)



How I manage personal care:
(dressing, washing, toileting etc.)



Child's name:

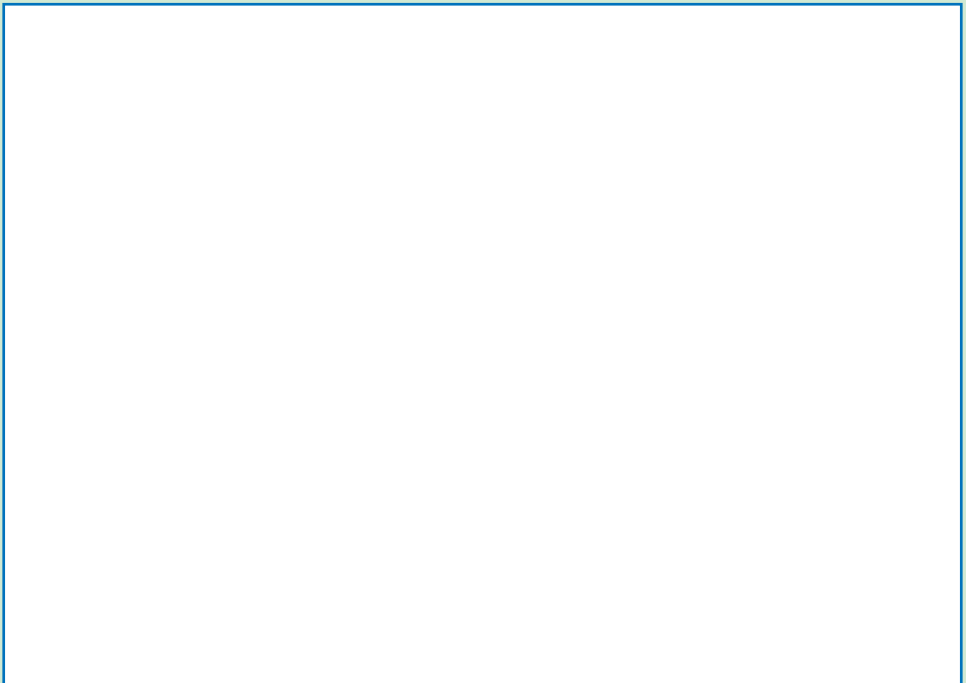
Child's NHS number:

About me

People in my family:



Please add a photo here of your child / young person if you wish to:



Child's name:

Child's NHS number:

My likes and dislikes

Examples of likes: what makes me happy, things I enjoy doing such as watching TV, reading, music routines.

Examples of dislikes: shouting, food I don't like, physical touching.

Things I like:
(please do this)



Things I don't like:
(please don't do this)



Child's name:

Child's NHS number:

My hospital routine

My routine for while I'm in hospital:

Morning:

Afternoon:

Bedtime:

Child's name:

Child's NHS number:

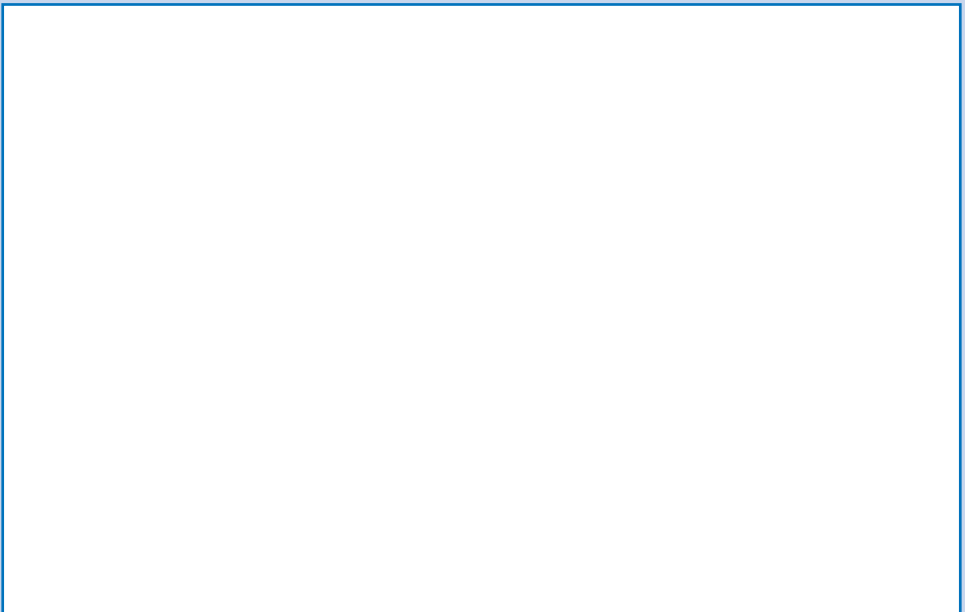
My sleeping routine

My regular sleeping pattern is:



How do I like to be positioned when I'm in bed?

Please include a detailed description or photos



Child's name:

Child's NHS number:

Any other information you would like to share



Child's name:

Child's NHS number:

Notes

Useful websites

The following links have been recommended by local families and may be helpful for you (please note that we are not responsible for the content of these sites).

Useful links:

Herts Help (Hospital and community navigator service for access to appropriate services / support) <https://www.hertshelp.net/our-services/>

Carers in Herts: <https://www.carersinherts.org.uk/>

Young Carers: <https://www.carersinherts.org.uk/young-carers/>

Local parent carer forum: <https://www.hertsparentcarers.org.uk/>

Special Educational Needs and Support: <https://www.kids.org.uk/sendias>

<https://resend.org.uk/>

Charities

<https://familyfund.org.uk/>

<https://contact.org.uk/>

<https://reactcharity.org/>

<https://newlifecharity.co.uk/>

<https://confidentconversationscharity.org/>

Parent / carer support network via WellChild charity <https://www.wellchild.org.uk/get-support/join-our-community/the-wellchild-family-tree/>

Child's name:

Child's NHS number:

Contacts and useful websites

The professionals involved in the care of your child will tell you when to use these contact numbers / if your child has been referred to these local services:

Children's Emergency Department, Lister Hospital:

01438 284333

Bluebell Children's Ward:

01438 284008

Community Children's Nurses:

01438 288370 / ccnteam.enh-tr@nhs.net

Children's Continuing Care Team:

01438 288366 / adminccct.enh-tr@nhs.net

Roald Dahl Children with Medical Complexity Nurse Specialists

enh-tr.roalddahlcmc@nhs.net / 07827 253347 / 07502 685420

Useful links:

www.hertfordshire.gov.uk/microsites/local-offer/the-hertfordshire-local-offer.aspx

www.mencap.org.uk/gettingitright

www.wellchild.org.uk

www.easyhealth.org.uk

www.councilfordisabledchildren.org.uk

www.togetherforshortlives.org.uk

This passport was adapted from Mencap (2020) by the Children's Neurodisability Group, East and North Hertfordshire NHS Trust. December 2022, V5

Passport completed by:

Date:

Dates of any updates: