## PLEASE ENSURE ALL SECTIONS ARE FULLY COMPLETED

# EAST & NORTH HERTFORDSHIRE NHS TRUST TIA REFERRAL FORM

| PATIENT DETAILS                                |  |                                      |  |                 |                        |  |
|--|--|--------------------------------------|--|-----------------|------------------------|--|
| Title:   | Name:                                      | DOB:                                 |  |                 | Age:                   | NHS No:                                |
|  |  |                                      |  |                 |                        |  |
| CONTACT  | NUMBERS (please mark prefer                | red contact nu                       | ımber)                                 |                 | ADDRESS                |  |
| ☐ Home:  |  | ☐ Consent to                         | o leave voicem                         | nail            |                        |  |
|  |  | message                              |  |                 |                        |  |
| ☐ Mobile:                                      |  |                                      | o leave voicem                         | nail            |                        |  |
|  |  | message                              |  |                 |                        |  |
| ☐ Work:  |  | ☐ Consent to leave voicemail message |  | naıı            |                        |  |
| □Other:  |  | ☐ Consent t                          | o leave voice                          | mail            |                        |  |
|  |  | message                              |  |                 |                        |  |
| Patient Ema                                    | ail: Click here to enter text.             | ☐ Consent to                         | o use email to                         |                 |                        |  |
|  |  | contact patie                        | contact patient                        |                 |                        |  |
|  | t will be contacted by the ho              | • •                                  | •                                      |                 |                        |  |
|  | eceipt <mark>of referral if symptom</mark> |                                      | n the last 7 d                         | ays o           | r identifie            | <mark>d as high risk, or within</mark> |
| •  | ast episode more than a wee                |                                      |  |                 |                        |  |
|  | required? If yes language: Cl              | ick here to ent                      |  | Choose an item. |                        |  |
| Hearing dif                                    | ficulties?                                 |                                      | Choose an item.                        |                 |                        |  |
| Cognitive d                                    | lifficulties?                              |                                      | Choose an item.                        |                 |                        |  |
| Mental Cap                                     | pacity Assessment required?                |                                      | Choose an item.                        |                 |                        |  |
| Learning Di                                    | isability?                                 |                                      | Choose an item.                        |                 |                        |  |
| Known safe                                     | eguarding concerns?                        |                                      |  | Choo            | se an item.            |  |
|  |  |                                      | If yes, provide details                |                 |                        |  |
|  |  |                                      | Click here to enter text.              |                 |                        |  |
| Mobility requirements/ transport issues        |  |                                      |  | Choo            | se an item.            |  |
|  |  |                                      | If yes, provide details                |                 |                        |  |
|  |  |                                      | Click here to enter text.              |                 |                        |  |
| Information Leaflet given Choose an item.      |  |                                      | Dates/Times when patient is definitely |                 |                        |  |
| Patient aw                                     | are they need to attend Choos              | se an item.                          | unavailable: Click here to enter text. |                 | ck here to enter text. |  |
|  |  |                                      |  |                 |                        |  |
| GP DETAILS                                     |  |                                      |  |                 |                        |  |
| Referring GP Name:                             |  |                                      | Practice Code:                         |                 |                        |  |
| Drovido by pass Tale                           |  |                                      | Practice Address:                      |                 |                        |  |
| Provide by pass Tel: Click here to enter text. |  |                                      |  | 255.            |                        |  |
| Fax:   |  |                                      |  |                 |                        |  |
| Practice e-mail:                               |  |                                      |  |                 |                        |  |
|  |  | _                                    |  |                 |                        |  |
|  |  |                                      |  |                 |                        |  |

IF THE PATIENT STILL HAS SYMPTOMS/SIGNS, REFER AS AN EMERGENCY VIA THE SUSPECTED STROKE PATHWAY (BLUE LIGHT AMBULANCE TO NEAREST E.D. AT A HOSPITAL WITH HASU STATUS)

| ATYPICAL FEATURES   |  |                 |  |
|---|--|-----------------|--|
| If 'yes' to any of these at onset, TIA is an unlikely diagnosis, so consider alternative referral route. An urgent neurology out- | Gradual onset or spread of symptoms (hours to days)                            | Choose an item. |  |
| patient referral is generally required for these presentations.   | Seizure or loss of consciousness without a residual focal neurological deficit | Choose an item. |  |
| If in doubt discuss with Stroke Consultant immediately: Contact details: 01438 314333 (switchboard number)                        | Transient Amnesia unaccompanied by a focal neurological deficit                | Choose an item. |  |

| Details of discussion with consultant (including their name) if | TIA clinic referral advised a | fter discussion:    |  |
|---|-------------------------------|---------------------|--|
| Click here to enter text.                                       |                               |                     |  |
|   |                               |                     |  |
|   |                               |                     |  |
|   |                               |                     |  |
|   |                               |                     |  |
| TIMINGS   |                               |                     |  |
| First onset of symptoms?  | Date: Click here to enter     | Time: Click here to |  |
|   | a date.                       | enter text.         |  |
| If they have had more than one episode, when did they last      | Date: Click here to           | Time: Click here to |  |
| notice their symptoms?  | enter a date.                 | enter text.         |  |
| When were they first seen by GP/Nurse re their suspected TIA    | Date: Click here to           | Time: Click here to |  |
|   | enter a date.                 | enter text.         |  |
| ANTI-COAGULATION AND AF STATUS                                  |                               |                     |  |
| Is the patient is taking anticoagulant therapy?                 | (Delete any that don't apply) |                     |  |
| Choose an item.   |                               |                     |  |
|   |                               |                     |  |
|   |                               |                     |  |
|   |                               |                     |  |
|   | NOAC: Apixaban/Dabigat        | tran/Rivoroxaban    |  |
| Previous AF   | Choose an item.               |                     |  |
| Details:  | Click here to enter text.     |                     |  |
| Suspected new AF  | Choose an item.               |                     |  |
| Details:  | Click here to enter text.     |                     |  |

# PRESENTING COMPLAINTS/PRESENTATION

| RISK STRATIFICATION  | Enter Value                         |                 |                           |
|--|-------------------------------------|-----------------|---------------------------|
| Age 60 or over   | Patient Age:                        | Yes = 1, No = 0 | Click here to enter text. |
| BP 140 systolic<br>and/or90 diastolic or<br>over (initial reading)     | Latest BP:                          | Yes = 1, No = 0 | Click here to enter text. |
| Clinical features  | Unilateral Weakness                 | = 2             | Click here to enter text. |
|  | Speech disturbance without weakness | = 1             | Click here to enter text. |
|  | Other symptoms                      | = 0             | Click here to enter text. |
| Duration of symptoms   | 60 minutes or more                  | = 2             | Click here to enter text. |
|  | 10-59 minutes                       | = 1             | Click here to enter text. |
|  | 9 minutes or less                   | = 0             | Click here to enter text. |
| History of diabetes  |                                     | Yes = 1         | Click here to enter text. |
| More than 1 episode  |                                     | Yes = 4         | Click here to enter text. |
| within the last week   |                                     | No = 0          |                           |
| Now add the score up. Proceed with High risk T Proceed with Low Risk T | Click here to enter text.           |                 |                           |

#### **ACTIONS**

- Give aspirin 300mg unless there is a contraindication or the patient is already on anticoagulation (see clinical pathway (on ENHCCG website): Primary Care Anti-platelet Therapy in Suspected TIA <a href="http://www.enhertsccg.nhs.uk/pathways?field">http://www.enhertsccg.nhs.uk/pathways?field</a> pathway keywords tid=Anti-platelet+&field specialty tid=All&field pathway or referral tid=1368&=Apply
- 2) Give patient leaflet
- 3) Emphasise:
  - a. Must call 999 immediately if symptoms recur, and state "suspected stroke"
  - b. The need to be available to attend TIA clinic within 24 hours if High Risk and 7 days if Low Risk
  - c. The importance of prompt attendance to reduce the risk of stroke
  - d. No driving until seen in TIA clinic (and for 1 month thereafter if TIA is confirmed)
- 4) a. Get ECG and give copy to patient to take to TIA clinic (as long as this does not delay the patient being referred to clinic)
  - b. Provide the patient with previous relevant pathology results to take to appointment (or enter details in the space below)
- Organise blood tests for assessment and secondary prevention. The patient could have the blood taken when they are at the hospital attending their TIA clinic appointment: HbA1c, lipids, LFTS, Creatinine and electrolytes, and ESR if the patient is young and/or giant cell or other arteritis is suspected. Please also request a clotting screen if the patient is in AF and not yet anti-coagulated

| RISK FACTORS             | YES/NO          | COMMENTS                  |
|--------------------------|-----------------|---------------------------|
| Hypertension             | Choose an item. | Last 5 BP readings:       |
| Hyperlipidaemia          | Choose an item. | Click here to enter text. |
| Previous Stroke or TIA   | Choose an item. | Click here to enter text. |
| IHD                      | Choose an item. | Click here to enter text. |
| PVD                      | Choose an item. | Click here to enter text. |
| FH CVD                   | Choose an item. | Click here to enter text. |
| Smoker, If yes – date of | Choose an item. | Click here to enter text. |
| last quit attempt        |                 |                           |

## **DECIDE ON REFERRAL ROUTE**

# SEND ALL TIA REFERRALS NOW TO ListerTIA.enh-tr@nhs.net

IF

1) Last episode was within the past 7 days

**OR** 

2) Last episode was over 7 days ago but the patient has an ABCD2 score 4 or more

DO NOT DELAY THE REFERRAL TO GET ECG OR ORGANISE BLOOD TESTS.

SEND ALL TIA REFERRALS TODAY TO ListerTIA.enh-tr@nhs.net

IF

1) Last episode more than 7 days ago AND ACBD2 score 3 or less

#### **PAST MEDICAL HISTORY**

Click here to enter text.

#### ALLERGIES

| Start date    | Allergy or Sensitivity | Details                   | Allergy (no Read Code) or Sensitivity |  |
|---------------|------------------------|---------------------------|---------------------------------------|--|
| Click here to |                        | Click here to enter text. | Click here to enter text.             |  |
| enter a       |                        |                           |                                       |  |
| date.         |                        |                           |                                       |  |

#### **LATEST BLOOD RESULTS**

Please enter important relevant pathology results

Click here to enter text.

#### **RADIOLOGY RESULTS (Last 5 years)**

Click here to enter text.

#### **MEDICATIONS**