

Department of Respiratory Medicine

Respimat Inhaler information leaflet



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information in a different
format or another language.

For further information contact the
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Preparing the Inhaler for use

1. With the dust cap closed, press the safety catch and pull off the clear base.
2. Take the cartridge and push the narrow end into the inhaler until it clicks. Push gently against a hard surface to ensure it is place.
3. Replace the clear base and hold the inhaler upright
4. Turn the clear base in the direction of the red arrows-1/2 turn until it clicks
5. Open the dust cap and point the inhaler towards the ground. Press the dose release button and close the dust cap.
6. Repeat step 4 & 5 until a cloud is visible and then again 3 more times to ensure the inhaler is prepared for use.

Inhaler Technique

1. Hold the inhaler upright.
2. Turn the clear base in the direction of the red arrows 1/2 turn until it clicks.
3. Open the dust cap and breathe out fully.
4. Place mouthpiece between your lips, without covering the air vents.
5. While breathing in slowly and deeply, press the dose release button.
6. Remove the inhaler from your mouth whilst holding your breath for as long as it is comfortable.
7. Resume normal breathing.
8. Repeat steps 1-8 again to ensure you get the full dose.

Further advice:

Clean the mouthpiece including the metal part inside the mouthpiece with a damp cloth at least once a week. If the inhaler has not been used for more than 7 days release one puff towards the ground.

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