

# Children's Community Nurse Training Team

## Our team philosophy?

To support children and young people with additional health needs to access community services through the provision of training to the carers that support them.

## Who are the team?

We are two registered children's nurses who offer training to different settings throughout East and North Hertfordshire with the support of support workers and administrative staff.

## What does the team do?

We provide training to a wide variety of people working with children and young people, including:

### Education Staff

- Teachers
- Teaching assistants / 1:1s
- Transport passenger assistants
- Pre-school staff

### Respite Staff

- Support workers
- Shared carers
- Homecare support workers
- Playscheme staff

### Others

- Childminders
- Day nursery staff
- Foster carers
- Voluntary organisations i.e. Scouts, football clubs

## What training do we offer?

We provide training on a wide variety of clinical skills and conditions. Sessions can be with information giving only, or theory and practical sessions, leading to competency assessment where appropriate. Common topics include:

### Enteral (tube) feeding

- Gastrostomy feeding

- Jejunostomy feeding
- Nasogastric feeding
- Feeding pumps

### Respiratory

- Oxygen administration
- Oral suction
- Tracheostomy care
- Nebuliser administration

### Bowel / bladder management

- Catheterisation (urethral / Mitrofanoff)
- Stoma care
- ACE washouts

### Managing emergency situations

- Seizure management (including emergency medication administration)
- Allergy management (including Epipen administration)

### Endocrine

- Blood glucose monitoring
- Management of adrenal insufficiency

## Additional training support available

### School health funding

We are able to assist schools with applying for school health funding.

### Child specific guidelines and care plans

Training is delivered following the child's individual health care plans which are typically written by their health care team. Where care plans are not already in place we may be able to assist settings in obtaining these.

## Useful contact details

### East and North Hertfordshire NHS Trust:

- Website [www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)
- Telephone 01438 314333

### Childrens Community Nurse Trainers

- Telephone 01438 288364 Monday to Friday, 9am - 4pm
- Email - [cntraining.enh-tr@nhs.net](mailto:cntraining.enh-tr@nhs.net)

## Leaflet information

**You can request this information in a different format or another language; please speak to your doctor or nurse.**

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