

Information for professionals and families caring for children and young people with additional health needs

Training High



Our Team Philosophy

To support children and young people with additional health needs to access community services.

Who are the team?

We are two registered children's nurses who offer training to different settings throughout East and North Hertfordshire.

What does the team do?

We provide training to a wide variety of people working with children and young people, including:

Education Staff

- Teachers
- Teaching assistants / 1:1s
- Transport passenger assistants
- Pre-school staff

Respite Staff

- Support workers
- Shared carers
- Homecare support workers
- Playscheme staff

Others

- Childminders
- Day nursery staff
- Foster carers
- Guide and Scout leaders

What training do we offer?

We provide training on a wide variety of clinical skills and conditions. Sessions can be with information giving only, or theory and practical sessions, leading to competency assessment where appropriate. Common topics include:

Enteral (tube) feeding

- Gastrostomy feeding
- Jejunostomy feeding
- Nasogastric feeding
- Pump feeding

Respiratory

- Oxygen administration
- Oral suction
- Tracheostomy care
- Nebuliser administration

Bowel / bladder management

- Catheterisation (urethral / Mitrofanoff)
- Stoma care
- ACE washouts

Managing emergency situations

- Seizure management (including emergency medication administration)
- Allergy management (including EpiPen administration)

Endocrine

- Blood glucose monitoring
- Management of adrenal insufficiency

Additional training support available

School health funding

We are able to assist schools with applying for school health funding. Information on this process can be found on **The Grid** website: www.thegrid.org.uk

Child specific guidelines and care plans

We also assist with the writing of child specific guidelines and care plans in conjunction with the child/young person, parents and other professionals where appropriate.

Contact details

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