### Meet The Team

John O'Neill -Team Lead. Roman Catholic lay chaplain. He leads the team across all sites and teaches Equality and Diversity to staff at the Trust.	1	Rizwan Rawat Muslim and an Imam.
Michael Sijuwade Pentecostal Christian and a pastor.	C 200	Bhante Samitha Buddhist chaplain who also teaches Mindfulness meditation on Tuesdays and Thursdays as well as visiting patients.
Mary Porter Humanist Pastoral Caregiver.		Tirath Singh Bhavra Honorary Sikh chaplain.
<b>Vijay Oza</b> Hindu.		Terry Wolfe Honorary Jewish chaplain

As well as the above team members, we have honorary chaplains/ representatives? for Anglican, Christian Orthodox, Coptic Orthodox and Pagan. We also have strong links with local R.C. and Anglican parish priests who will attend bedsides for Sacraments wherever possible.

Please contact us if you have any questions or would like to arrange an appointment to see a member of our team outside of their usual ward visiting times.

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# **Patient Information**

# **Spiritual and Pastoral Care Team**

## **Lister Hospital**

Here for all - listening to you, heart and soul



### Who are the Spiritual and Pastoral Care Team?

We are a multi-faith and belief team working across all sites within the East and North Hertfordshire NHS Trust who support:

**Patients** 

Visitors

Staff

Volunteers

As a team we are here not to direct, but to walk alongside; not to tell, but to listen; not to judge, but to understand.

We enable people to connect to their own sources of strength, comfort and hope.

#### Contact us:

Telephone - 01438 285519

Email - spiritualcare.enh-tr@nhs.net or ask a member of ward staff to contact us for you.

#### Our approach and what we offer

Each of the team offers support as one person to another. If you have a request for the comforts of your own faith or tradition, please let us know as soon as possible after your admission. Many wards also have spiritual care volunteers who support on request.

### Multi-faith chapel

You are always welcome to spend time in the multi-faith chapel, situated on Level 3, which has a peaceful atmosphere for everyone, along with books and resources from all major traditions.

### **Examples of what we can offer:**

- Listening support
- Holy Communion on Sunday at 11.15am in the chapel or at your bedside
- Sacrament of the Sick from a Roman Catholic priest
- Mindfulness meditation on Tuesdays and Thursdays at 5pm (lasting half an hour) in the chapel
- Muslim Jumuah prayers on Fridays
- Welcoming the Sabbath with other Jewish patients and staff on Friday evenings in our Sabbath/Shabbos Room

If you need help to attend any of the above, please contact us or ask a member of ward staff.