



Introducing you to your Clinical Nurse Specialist (CNS) for Skin Cancer

Joseph Mazivanhanga Melissa Arnold

Skin Clinical Nurse Specialists

Tel: 07990 566198

Monday to Friday 8.00am - 4.00pm

Siobhan O'Brien

Skin Oncology Clinical Nurse Specialist Tel: 07887 633302

Monday, Tuesday & Friday 8.00am - 4.00pm



Support

Macmillan Cancer Information and Support Centre

Situated in the main entrance of Lister Hospital.

Drop-in centre and telephone helpline for any questions relating to cancer:

Telephone: 01438 284657 / 07554 436746

The Lynda Jackson Macmillan Centre Mount Vernon Cancer Centre.

Drop-in centre and telephone helpline for any questions relating to cancer:

Telephone: 020 3826 2555

Gail Prout - Skin clinical nurse specialist Mount Vernon Cancer Centre

(Monday, Tuesday, Thursday - 8am to 6pm) (Friday - 8am to 5.30pm)

Telephone: 020 3826 2095

Hannah - Melanoma secretary Mount Vernon Cancer Centre.

Telephone: 020 3826 2444

You can request this information in a different format or another language.

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What is the role of the skin clinical nurse specialist (CNS)

A CNS is a qualified nurse with the appropriate training, knowledge, skills and expertise who has specialised in skin cancer care.

The CNS is trained to support your emotional, physical, psychological and spiritual needs. They are trained to help patients cope with a skin cancer diagnosis, providing support and guidance to patients, their families and carers.

This can be at the time of diagnosis, during treatment, or at any stage throughout the cancer experience.

Sometimes it is helpful to have someone to talk to as you may have lots of questions or wish to discuss your treatment options when faced with the challenge of a cancer diagnosis.

The CNS works closely with the plastic surgery and dermatology teams, and can act as a useful link between you and other team members at the Lister hospital or your local hospital.

Member of multidisciplinary team (MDT) and your key worker

Whilst you are receiving ongoing treatment the CNS will be your key worker. This means your CNS will co-ordinate your care and can be your first point of contact.

They are a part of the MDT working closely with the other healthcare professionals who look after you.

Information

The CNS can provide you with relevant information regarding your diagnosis and treatment and is happy to explain and discuss this in detail.

Advice and liaison

The CNS will carry out a holistic assessment of your needs and can advise you on a range of issues and refer you to other services who may be able to help:

- District nurse / community Macmillan nurse
- Social worker
- Financial support/advice
- Skin camouflage
- Lymphoedema service
- Other voluntary organisations

What if I have a problem out of hours following surgery?

If you have a problem out of hours following surgery, please contact the ward you were on.

Ward 11B, Lister Hospital

Telephone: 01438 285113

What if I feel unwell as a result of my treatment?

Radiotherapy clinic nurses

Telephone: **020 3826 2192**Monday to Friday, 8.30am - 6pm (Excluding Bank Holidays)

Radiotherapy clinic radiographers

Telephone: **020 3826 2616**Monday to Friday, 8.30am - 4.30pm
(Excluding Bank Holidays)

If at any time during your course of treatment you become unwell, you must contact one of the numbers below:

Acute Oncology Service, Lister Hospital

Telephone: **0782 782 3509**Monday to Friday, 9am - 5pm

24 hour Acute Oncology Service, Mount Vernon Cancer Centre

Telephone: 0782 502 8855