Patient information

Mount Vernon Cancer Centre

NHS
East and North Hertfordshire Teaching NHS Trust

Deep oscillation personal basic guide

Setting up the Device

We have already setup the device and connected the applicator and bar to the unit. If any of them become disconnected follow these steps:

1. Connect the straight-end lead to the base of the silver bar (this is the little titanium bar you will hold or pop between your toes during treatment. It must touch the skin)
2. Put the other end of the straight-end lead into one of the portholes at the top of the device. (It doesn't matter which one)
3. To connect the applicator, pop the other straight-end lead into the base of the applicator and the other end of the lead into the remaining porthole.
4. If working with two applicators remove the lead from the silver bar and insert it onto the base of the applicator. (Ensure both applicators are on the body at the same time or the therapy won't work).

Using the Device

1. To turn on the device, press and hold the silver button until you hear a beep.
2. On the screen, the INDIVID is highlighted in blue. Press the silver button to select this function.
3. Once selected, you will see ½ icon on the screen; press the silver icon to select this.
4. You will now see the 0% icon in blue and underlined. Turn the silver button clockwise till the percentage is 100%.
5. Hold the silver bar or one applicator (if you are using 2 applicators) in your non-dominant hand and hold the applicator in your other hand and start treatment by applying the applicator to the affected area.
6. Whether you are using 2 applicators or the silver bar and applicator, they all need to have contact with the skin.
7. If you feel tingling at any time, turn the percentage down using the silver button. You can turn it down to 30%.
8. If you want to pause treatment, turn the silver button anticlockwise till the percentage is 0%, this will stop the treatment and timer.
9. When you want to restart, just use the silver dial to increase the percentage to 100%.
10. The program is automatic. You do not have change anything.
11. When you have completed treatment, press and hold the silver button to turn off the device.

Set up video - https://vimeo.com/1140783749/943b57f7e4 (Watch the first 1 minute and 50 seconds of the video)



(1) Display
(2) Silver dial
(3) Ports for cables
(4) Card reader
(5) Power adaptor socket (bottom)
(6) Control light (Under silver dial)

Useful contact details

East and North Hertfordshire Teaching NHS Trust: Mount Vernon Cancer Centre

- Telephone 0333 332 5470

Leaflet information

You can request this information in a different format or another language; please speak to your doctor or nurse.

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