

## Questions about cancer? We can help

### Macmillan Cancer Support

Opening hours: 10am-4pm, Monday to Friday, (excluding bank holidays)

Telephone: 01438 284657 or 07554 436746

Email: [macmillaninfosupport.enh-tr@nhs.net](mailto:macmillaninfosupport.enh-tr@nhs.net)

**The Lister Macmillan Cancer Information and Support Centre is located at the Main Entrance of the Hospital on level 3**



### What we do

The Macmillan Cancer Information and Support Centre at the Lister Hospital provides clear, easy to understand information and practical, emotional and financial support for anyone affected by cancer.

#### You can come to us if you:

- have questions or concerns about cancer,
- are waiting for a diagnosis,
- have been told you have cancer
- are living with cancer
- are a family member, friend or carer supporting someone with cancer.

The centre is managed by healthcare professionals with experience of supporting people with cancer and a team of trained volunteers.

We provide a calm, confidential and friendly drop-in space where visitors can talk about their concerns and receive personalised support for their needs.

Whether you want to find out more about your cancer or treatment, or just want someone to talk to, the team is here to listen and offer support.

## How we can help

- **Information:** Browse through our library of resources including information booklets on all aspects of cancer
- **Support:** someone to talk to about your concerns or questions you may have about cancer, its treatment, its effects and living with and beyond cancer.
- **Self-help:** we offer courses for people living with cancer and their carers to help them manage daily life. We can also provide details of local and national support services and groups.
- **Welfare Advice:** if you have money worries, we can refer you to the Macmillan Benefits Advice Service for some financial guidance.

## Getting here

- **Public transport:** the nearest train station is Stevenage and there are several buses that stop at the Lister Hospital
- **CVS Community Care Scheme:** this is a voluntary driver service for which there is a small charge
  - North Herts: Tel; 01462 689402 (Monday to Friday, 9am – 4.30pm)
  - Welwyn and Hatfield: Tel; 01707 273875 (Monday to Thursday, 10am – 4pm)
- **Parking:** The hospital has a multi-storey car park, Parking charges must be paid before returning to your car. If you have a disabled parking badge you are entitled to free parking.

## Useful contact details

### East and North Hertfordshire Teaching NHS Trust:

- Website [www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)
- Telephone 01438 314333

### Macmillan centre:

- Telephone 01438 284657 or 07554 436746

## Leaflet information

**You can request this information in a different format or another language; please speak to your clinical team.**

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