

# Introducing you to your clinical nurse specialists (CNS) for lung cancer

## Lung Cancer Clinical Nurse Specialists (Hertford)

CNS name:

- Telephone 07771 872947

## Lung Cancer Clinical Nurse Specialists (Lister)

CNS name:

- Telephone 07990 566190

## The lung cancer clinical nurse specialist

The CNS is a trained nurse specialising in the area of lung cancer and any associated issues. Some CNSs are also known as Macmillan nurses and are closely associated with the national organisation, Macmillan Cancer Support. This organisation is devoted to helping patients and their families cope with the diagnosis, treatment and effects of cancer.

In East and North Hertfordshire Teaching NHS Trust, the role of the CNS includes support for the patient and family when a cancer is suspected but not confirmed. Your CNS is also known as your key worker and works alongside the multidisciplinary team.

## What is a multidisciplinary team?

A multidisciplinary team (MDT) is a specialist team of health professionals who decide your diagnosis, care and treatment. The consultant looking after you will take responsibility for your care. The team meet weekly to review and discuss a suspected or diagnosed cancer. Your treatment plan will be discussed in the multidisciplinary meeting.

## How can the lung CNS help me?

Lung CNSs are experienced nurses and understand the fears and anxieties that patients and their families have when a suspicion of, or diagnosis of cancer has been made. They work closely with you from diagnosis and throughout your cancer journey. They are here to support you and your family by:

- answering your questions.
- advising and supporting you on emotional, physical, financial, social and spiritual issues.
- helping you fully explore your treatment choices.
- talking through with you any worries concerning your quality of life, related to your health before and after treatment
- supporting you on completion of treatment regarding ongoing issues.

- liaising and introducing you to other members of the care team who could support and advise you, e.g. dietician, social worker, district nurse etc.

## Will the hospital CNS visit me at home?

No. They work very closely with the community Macmillan nurses, Isobel nurse specialist nurses and district nurses who work in your local area. If necessary, with your consent, they will refer you to their care. This means that all your needs will be met by the team closest to your home.

## Is confidentiality maintained?

Yes. All information regarding your tests, diagnosis and treatment plan will be treated in a confidential manner. Only members of the healthcare team involved in your care will have access to information about your diagnosis and treatment. Please see our privacy notice for how we protect patient information:

<https://www.enherts-tr.nhs.uk/help/privacy-data-protection/>

## What if I feel unwell as a result of my treatment?

If at any time during your course of treatment you become unwell, you must contact one of the numbers below:

### Lister Hospital - Acute Oncology Service:

- Telephone 07827 823509
- Monday to Friday, 9am – 5pm

### Mount Vernon Cancer Centre - 24-hour Acute Oncology Service:

- Telephone 07825 028855

## What if I have a problem out of hours?

If you have a problem out of hours please contact:

- your GP or NHS 111
- if you are unwell as a result of your treatment, call the Mount Vernon 24-hour Acute Oncology Service detailed above
- your local Emergency Department

## Further information and support

### Macmillan Cancer Information and Support Centre, Lister Hospital:

This drop-in centre is situated at the main entrance of Lister Hospital. There is also a telephone helpline available for support and any questions relating to cancer.

- Telephone 01438 284657 or 07554 436746

### The Lynda Jackson Macmillan Centre, Mount Vernon Cancer Centre:

A drop-in centre and telephone helpline for any questions relating to cancer.

- Telephone 02038 262555

### Macmillan Cancer Support:

Specialist advice and support for people with cancer and their families

- Website [www.macmillan.org.uk](http://www.macmillan.org.uk)
- Telephone 08088 080000

## Useful contact details

### East and North Hertfordshire Teaching NHS Trust:

- Website [www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)
- Telephone 01438 314333

### Lister Cancer Centre Reception:

- Telephone 01438 284416

### Consultant Secretaries:

#### Hertford County Hospital

- Telephone 01992 823079 and 01992 823073

#### Lister Hospital

- Telephone 01438 314333

### Palliative Care

#### Lister Hospital Specialist Palliative Care Team

- 01438 284035

#### Isabel Hospice Community Team

- 01707 382500

#### North Herts Community Specialist Palliative Care Team:

- Telephone 0300 123 7571 (option 2, then 2, then 4) - Monday to Sunday, 8am - 8pm

### Hospices

#### Garden House Hospice

- Telephone: 01462 679540

#### Isabel Hospice

- Telephone: 01707 382500

### 24 Hour Palliative Care Advice Lines

#### North Hertfordshire

- Telephone: 01462 416794

#### East Hertfordshire

- Telephone: 01707 382575

#### West Hertfordshire

- Telephone: 01923 335356

## Leaflet information

You can request this information in a different format or another language; please speak to your doctor or nurse.

**Date of publication:** September 2015

**Version number:** 11.2

**Author:** A Dinneen

**Reference:** Cancer Services

**Review Date:** December 2028

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