



## Introducing Roald Dahl Children with Medical Complexity Nurse Specialists

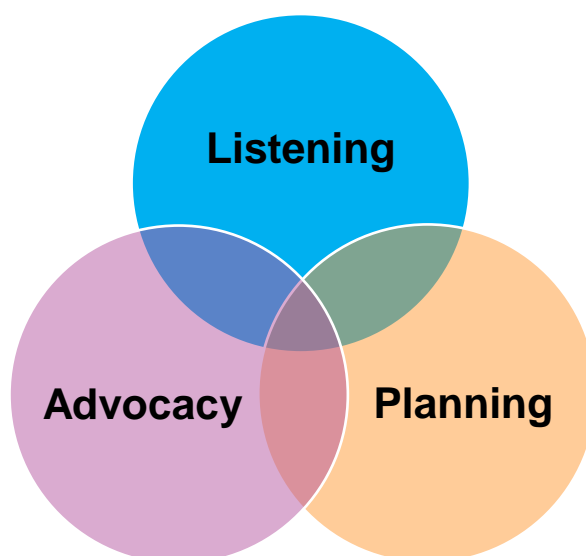
**Children's nurse specialists who work closely with the teams involved in the care of children and young people who have medical complexity.**

We realise that you are likely to have many professionals involved in the care of your child, and that life can be unpredictable and busy. We aim to improve communication and support for you and your family, working alongside existing teams without duplicating the work that they do. Our input varies depending on the needs of the child or young person and may change over time.

### Who are we?

We are Eleanor Willis and Grace Mardle, Children's Nurse Specialists who work at Lister Hospital in Stevenage and the New QEII in Welwyn Garden City. We can also arrange to see you at home. We see children and families face to face and virtually, depending on the need and situation. Also working with us is Rachel Shapton, Roald Dahl Children's Community Medical Complexity Nurse. Rachel sees children and young people under the care of our Community Children's Nursing Team.

Our role involves:



## How we can help

We aim to provide continuity of support over time and care tailored to the needs of the child or young person, their family and the other teams involved. This may include:

- Signposting and referrals
- Healthcare passport
- Multi-agency meetings and coordination
- Discharge planning
- Advance care planning

## Roald Dahl's Marvellous Children's Charity

Roald Dahl's Marvellous Children's Charity provides specialist nurses and support for children with complex and lifelong health conditions across the UK. Roald Dahl nurses aim to improve the quality and experience of care, and resilience of seriously ill children and their families.

Roald Dahl nurses are trained and dedicated specialists who help families by providing coordinated and holistic care. They are often a consistent presence in the child's life from initial diagnosis through to transition to adult services.

We will provide you with information about how to access Roald Dahl's Marvellous Children's Charity **Marvellous Family Support Service**, which offers free and confidential emotional and financial support, and specialist family workshops. We can share updates about family workshops via email if you would like this.

We may sometimes ask if you would like to share your story or feedback with Roald Dahl's Marvellous Children's Charity to help them with their work raising awareness and funds. This is always optional and your choice to take part does not affect the care your child will receive.

For more information about the charity please visit: [www.roalddahlcharity.org](http://www.roalddahlcharity.org)

## Useful contact details

### East and North Hertfordshire NHS Trust:

- Website [www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)
- Telephone 01438 314333

### Roald Dahl Children with Medical Complexity Nurse Specialists:

- **Grace** - Telephone 07502 685420
- **Eleanor** - Telephone 07827 253347
- **Rachel** - Telephone 07717 275304
- Email: [enh-tr.roalddahlcmc@nhs.net](mailto:enh-tr.roalddahlcmc@nhs.net)

## Leaflet information

**You can request this information in a different format or another language; please speak to your doctor or nurse.**

**Date of publication:** September 2024

**Version number:** 01

**Author:** E. Willis

**Reference:** Children, Roald Dahl

**Review Date:** September 2027

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