

- 1. Open the case until it clicks
- 2. Slide lever back as far as it can go until it clicks
- 3. Breathe out fully
- 4. Seal your lips around the mouthpiece
- 5. Breathe in slowly, steadily and deeply
- 6. Hold your breath for about 10 seconds or for as long as is comfortable
- 7. Remove the device from your mouth
- 8. Close the case
- Repeat steps 1-7 for each dose of medication prescribed

Cleaning instructions:

Never wash inhaler with water, just wipe the mouthpiece and the outside with a clean, dry, lint-free cloth to remove any powder residue.

Keep inhaler dry.

Further advice:

Always remember to gargle with water after using your inhalers and spit out the residue.

You can request this information in a different format or another language.

Date of publication: July 2013,

reviewed Oct 2016

Author: Clare Walsh CNS, Claire Wotton CNS

Reference Number: ACC v1

Review Date: Oct 2018

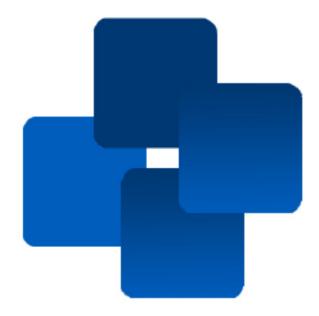
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Department of Respiratory Medicine

Accuhaler information leaflet



For further information contact the Respiratory Specialist Nurses

Lister Hospital: **01438 285621**

Patient information

Using your Accuhaler



Drug Name	
Inhaler Colour	
Take	puffs
When	

Drug Name_____

Inhaler Colour_____

Take____puffs

When_____

NAME	 	٠.	 •	 	 	 		-	•		-	-	
DATE	 		 		 						•		

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