

Contact Telephone Numbers

Lister Hospital

Mr A. Drake secretary: **01438 286176**

Dr Vazquez secretary: **01438 284096**

Mount Vernon Cancer Centre

Secretaries via Contact Centre

Dr Hall secretary: **020 3826 2442**

Professor Hoskin secretary: **020 3826 2442**

Palliative Care

Lister Hospital Macmillan Team:

01438 284035

Isabel Hospice Community Team:

01707 382500

North Herts Community Macmillan Team:

01462 427034

Hospices

Garden House Hospice: **01462 679540**

Isabel Hospice: **01707 382500**

24 Hour Palliative Care Advice Lines

North Hertfordshire: **01462 679540**

East Hertfordshire: **01707 382575**

West Hertfordshire: **020 3826 2377**

You can request this information in a different format or another language.

Support

Macmillan Cancer Support

Specialist advice and support, and financial grants for people with cancer and their families

0808 808 0000

www.macmillan.org.uk

Ovacome

0800 008 7054

www.ovacome.org.uk

Jo's Cervical Cancer Trust

0808 802 8000

www.jostrust.org.uk

Target Ovarian Cancer

0207 923 5475

www.targetovariancancer.org.uk

Lymphoedema Support Network

0207 351 4480

The Eve Appeal

Gynaecological information service

Ask Eve - 0808 802 0019

Macmillan Cancer Information and Support Centre

This drop-in centre is situated at the main entrance of Lister Hospital. There is also a telephone helpline available for support and any questions relating to cancer:

01438 284657 / 0755 443 6746

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www.enherts-tr.nhs.uk

Introducing you to your Clinical Nurse Specialists (CNS) for Gynaecological Cancer

Dawn Atkinson

Tuesday to Friday

Clare Collins

Monday, Wednesday and Thursday

Sue Hebblethwaite

Varied hours

Telephone 01438 284580

Monday to Friday 9am-4pm



Who are the clinical nurse specialists (CNS) in gynaecology cancer?

The CNSs are trained nurses specialising in the area of gynaecological oncology and the associated issues related to women's health.

Some CNSs are also known as Macmillan nurses and are closely associated with the national organisation Macmillan Cancer Support. This organisation is devoted to helping patients and their families cope with the diagnosis, treatment and effects of cancer.

In East and North Hertfordshire NHS Trust, the role of the CNS includes support for the patient and family when a cancer is suspected, but not confirmed. Your CNS is also known as your key worker.

How can the gynaecology CNS help me?

Gynaecology oncology nurses are experienced nurses and understand the fears and anxieties that patients and their families have when a suspicion of, or diagnosis of, cancer has been made. They work closely with you from diagnosis and throughout your cancer journey. They are here to support you and your family, which we can do by:

- answering your questions
- advising and supporting you on emotional, physical, financial, social and spiritual issues
- helping you fully explore your treatment choices

- talking through with you any issues concerning your quality of life, related to your health, before and after treatment
- supporting you on completion of treatment regarding on-going issues
- liaising and introducing you to other members of the care team who could support and advise you i.e. dietician, social worker, district nurse, consultant etc.

Will the hospital CNS visit me at home?

No. They work very closely with the community Macmillan nurses and district nurses who work in your local area and will refer you to their care. This means that all your needs will be met by the team closest to your home.

This will only be done with your consent.

Is confidentiality maintained?

Yes. Confidentiality is maintained at all times. We recognise that each patient and their family will have their own personal needs and that these will be different from one person to another.

All your contact with us will be treated with the strictest confidentiality and will only be discussed with another member of the team if you agree.

What if I have a problem out of hours?

If you have a problem out of hours please contact:

- Your GP or NHS 111
- Out of hours 24hr (see below)
- Local Emergency Department

If you have been a patient at **Watford General Hospital**, contact: **Elizabeth Ward** on **01923 217902**

What if I feel unwell as a result of my treatment?

If at any time during your course of treatment you become acutely unwell, you must contact one of the numbers below:

Acute Oncology Service, Lister Hospital

Telephone: **0782 782 3509**
Monday to Friday, 9am - 5pm

24 hour Acute Oncology Service, Mount Vernon Cancer Centre

Telephone: **0782 502 8855**