

Patient Information – Episcleritis

Department of Ophthalmology

This is a common and harmless condition. The features you may have experienced include a patch of white on the eye becoming red and bloodshot with swollen blood vessels. This is usually only in one eye and may be found in either the inner or outer corners of the eye. Your eye may ache and be tender to the touch.

In many cases the condition will resolve of its own accord within two or three weeks. However, in some cases a weak steroid may be used for a short period of time. It is possible that if you have suffered one attack, you may have further episodes in the future.

Contact details:

The Lister Treatment Centre Lister Hospital Coreys Mill Lane Stevenage Hertfordshire SG1 4AB

Telephone: 01438 288122 - Select Menu Option 4

Date of publication: August 2014 Author: Treatment Centre

Reference Number: v3 (October 2017) Review Date: November 2020

© East and North Hertfordshire NHS Trust

www.enherts-tr.nhs.uk

You can request this information in a different format or another language.