Further information can be obtained from:

NHS 111 Dial 111

Or contact your GP

Bluebell Ward,

Lister Hospital, Stevenage 01438 284008

Children's A&E, Lister 01438 284333

QEII Urgent Care Centre 01707 247549

Welwyn Garden City

Lister Community Children's Nurses 01438 284012

QEII Community Children's Nurses 01438 288370

Patient Advice and Liaison Service 01438 285811

The information in this leaflet was taken from www.cks.nhs.uk and www.gosh.nhs.uk

www.enherts-tr.nhs.uk

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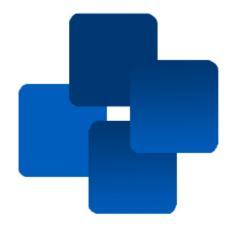
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Allergic Reaction

Child Health Patient Information Leaflet





Introduction

The purpose of this leaflet is to explain the different symptoms and treatment of allergic reaction.

Causes of an Allergic Reaction - MINOR

Allergic reactions can occur in response to a substance that the body recognizes as foreign. It can be caused by food, drugs, substances or chemicals, animal furs, plants and pollens, house dust mite or by anything.

Symptoms of an Allergic Reaction

- Skin Urticarial rash (hives), dry and itchy/burning skin
- Swelling of eyes/face/lips (Angiodema)
- Eyes Red watery eyes, itchy eyes, puffiness around the eyes
- Nasal Sneezing, runny nose or persistent nasal discharges, rhinitis
- Stomach Stomach pain, vomiting, diarrhoea

Treatment of an Allergic Reaction

- Give antihistamine as prescribed by your doctor
- Observe your child for signs of improvement or deterioration

Symptoms of an Anaphylactic Reaction - MAJOR

- AIRWAY Difficulty breathing. Coughing, wheezy, choking, noisy breathing and voice change
- TOTAL BODY Change of colour, floppiness, loss of consciousness, sense of impending doom

Treatment of Anaphylactic Reaction

- If your child has an EPIPEN, give IMMEDIATELY
- Call 999
- If asthmatic, give 10 puffs of Salbutamol
- If there is no improvement in 5-10 minutes a second EPIPEN should be given if available