

East and North Hertfordshire ADHD referral criteria - **ADHD Nice Guidance (NG87)**

Please note that failure to provide information requested below may lead to delays in accepting and processing your referral.

Section A

Please confirm:

1. Source of referral should be a health professional-GP, Health Visitor, School Nursing Team, other health professional
2. Name/s of Lead health professional/s (if applicable)
3. Consent for referral has been obtained from family and in certain cases the young person

Section B

Information accompanying referral should include:

1. Concerns and symptoms of suspected ADHD
2. How long symptoms have been present
3. Interventions and support accessed within the community or specialist service
4. Interventions, support and environmental modifications implemented at school
5. Parent support group attended
6. Attach relevant medical history and any direct observations of child/young person in multiple settings
7. Attach any ADHD rating scales e.g. Strengths and Difficulties Questionnaires (SDQs), SNAP IV
8. Attach any relevant school/Educational Psychologist report/s
9. State relevant psychosocial history/social services involvement (if applicable)
10. Provide evidence of watchful waiting of at least 10 weeks following initial contact with GP. Parents should be signposted by the GP to Group based ADHD focused support and should not wait for formal diagnosis of ADHD before signposting. (NICE Guidance 1.2.7)

Note- children/young people with identified emerging mental, emotional and attachment issues at time of referral should be discussed and referred to Specialist CAMHS