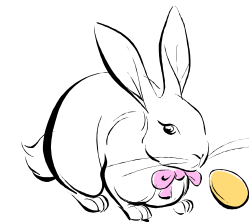




Involving Carers



If you help care for a friend or family member who uses our hospital services we are keen to hear your views on how hospital staff can help support you in your role. Please join us for an informal discussion:

10.30am – 12noon Tuesday, 11th March 2014
Day Room, Barley Ward, Strathmore Wing, Lister Hospital

Topics for discussion will include the work of the Charity Team and a representative from Herts Action on Disability will be joining us to talk about the services they offer.

If you are able to attend please call 01438 284378 or e-mail jenny.pennell@nhs.net

We hope you can join us

Breakaway for Carers is a free service enabling relatives and friends looking after dependent adults to have a break by arranging for a volunteer to take over for a few hours in the person's home; you can contact Breakaway for Carers on 01442 454280 or e-mail breakaway@hertscc.gov.uk