

14. When should I take my medication?

Some medications need to be taken on an empty stomach or separately from other drugs – if this is the case you will be informed of this when the treatment is first prescribed.

Full instructions will also be clearly stated on the packaging or accompanying drug information leaflet.

Some other medication, such as anti-inflammatory (NSAID) drugs, should always be taken with or immediately after food – again this should be clearly stated on the drug packaging.

It is important to take all medication at the correct dose and at regular intervals as recommended.

Methotrexate should only be taken once weekly, on the same day each week.

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