

13. What should I do about my medication if I have diarrhoea & vomiting?

If you are vomiting and unable to keep food down it would be sensible to omit your rheumatology medication whilst these symptoms persist.

When things have settled you may resume this but if your symptoms come back then this may be due to the treatment and we would advise you to contact our advice line to discuss changing it.

If you are taking Methotrexate in tablet form it may be possible to change this to the injectable preparation. This is given into the subcutaneous tissues (under the skin) of the upper arm, bypassing the gastrointestinal system. It is therefore less likely to cause side effects such as nausea, vomiting and diarrhoea. If you would prefer this please discuss it with our staff.

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