

11. Can I have a steroid injection before my holiday / wedding / special occasion?

If your arthritis is particularly active we may consider giving you a steroid injection to settle your symptoms, especially if you are waiting for new treatments to start working.

However regular use of steroids can be harmful and we do not routinely offer this prior to holidays and/or other special occasions.

If you require this we advise you to discuss this with our staff, who will decide if it is appropriate.

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