



A

- Arts & Crafts Sale
- Art exhibition
- Aerobic-a-thon

B

- Bring & Buy sale
- Black tie dinner
- Boat Race
- Barbeque
- Bingo Night
- Battle of the Bands
- Bonny Baby Contest
- Barn Dance
- Beard Grow/Shave

C

- Cake Sale
- Concert
- Clothes Sale
- Car boot sale
- Classic Car Show
- Cookery Competition
- Cricket Match
- Car Wash
- Coffee Morning

D

- Disco
- Dinner Dance
- Dog Show
- Darts Tournament
- Dress-up day
- Dress-down day





E

Easter Egg Hunt
E-bay sale

F

Fete
Football match
Fun Run
Face Painting
Film Evening
Flower Show
Furniture Sale
Firework Night
Family Fun Day

G

Garden Party
Go-karting Competition
Garage Sale
Gunge Tank
Golf Day

H

Halloween Party
Head-shave

I

International Dinner evening
It's a Knockout Challenge

J

Jumble sale
Jewellery Sale
Jazz Festival

K

Karaoke Competition

L

Luncheon
Line-dance



M

Murder Mystery Evening
Magic Show
Market Stall
Moustache Grow/Shave
Musical Evening
Music Festival

N

Non-uniform Day
Name the Teddy Competition

O

Obstacle course
Office Olympics
Office Collection

P

Party
Photo Competition
Pub Games/Quiz Night
Pet Show
Pantomime
Puppet Show
Pamper Night
Pool Competition

Q

Quiz Night

R

Read-a-thon
Race Night
Raffle
Relay Race
Recycling

S

Sponsored Silence
Sports competition
Sponge Throwing
Swear Box
Scavenger Hunt





T

Treasure Hunt
Tea party
Tombola
Toy Sale
Talent Competition
Tuck Shop

U

University Challenge
Uni-cycle Challenge

V

Volleyball competition
Variety Show
Valentines Day Ball

W

Window Cleaning
Waxing
Wine Tasting Night
Walks
Wheelbarrow Race
Wind Surfing

X

Xmas Fair
Xmas Hamper
Xmas Card Sale

Y

Yacht Race
Yard of Ale Competition

Z

Zumba-thon
Zodiac Reading Evening

The East & North Herts Hospitals Charity supports patients, staff and visitors to our four hospitals- Lister, QEII, Hertford County and Mount Vernon Cancer Centre. We purchase equipment, fund medical research and undertake refurbishment projects which are in addition to the standard work of the NHS.

The East & North Hertfordshire NHS Trust Charitable Fund is a registered Charity in England & Wales 1053338

help us make the difference