



2020 Year of the Nurse and Midwife

Our virtual Annual General Meeting

Thursday 16 July 2020

Year of the Nurse and Midwife



Lizzie Bessell pictured at the House of Lords



2020
**INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE**

Quality

People

Pathways

Ease of use

Sustainability

Year of the Nurse/Midwife

Karen Mojica designed the badge to commemorate the Nursing and Midwifery Council centenary.



Nursing, Midwifery and AHP Strategy 2019 - 2024



- Developing and strengthening leadership
- Optimising pathways
- Valuing people
- Inspiring and innovating through research and quality improvement
- Ensuring quality and safety
- Partnership working

Quality

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inspire
Issue 1 | January 2020

NHS
This is OUR Time
2020
#YearOfNursesAndMidwife

My Daddy is a NURSE

During Year of the Nurse and Midwife we'll be saying thank you to our nurses and midwives; celebrating the impact they have on our society and showcasing nursing and midwifery as brilliant and rewarding professions to aspire to.

A day in the life of www.england.nhs.uk/east-of-england/

Meet Morranna Grant

Morranna is a Nurse
Hysteroscopist and Trainee
Nurse Colposcopist at East and North Hertfordshire NHS Trust.

the lives of patients and to ensure that they are supported, reassured and receive high-quality care.

The women I see are often vulnerable, scared and confused but, when treated with compassion and empathy, even the most frightening experiences can be that much more bearable.

On a typical day...I can see up to 12 women. I assess their symptoms before undertaking hysteroscopy and colposcopy procedures and advising them on their findings. I also help patients via telephone, organise staffing for clinics, attend MDT meetings, undertake failsafe checks and assist with the nurturing and development of staff.

What advice would you give someone considering a career in nursing and midwifery?
I would say 'Go for it!' Being a nurse or midwife is an incredibly rewarding career. Within gynaecology, there are various sub-specialities and numerous opportunities to learn, develop and positively impact the lives of patients. Becoming a specialist nurse requires hard work and dedication but the fulfilment you experience is well worth it, and the lives you can touch is priceless.

How do you contribute to patient care?
I've always aimed to make a positive difference in

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Regional monthly newsletter:

A day in the life of ...

inspire

NHS
This is OUR Time
2020
The Year of the Nurse and Midwife

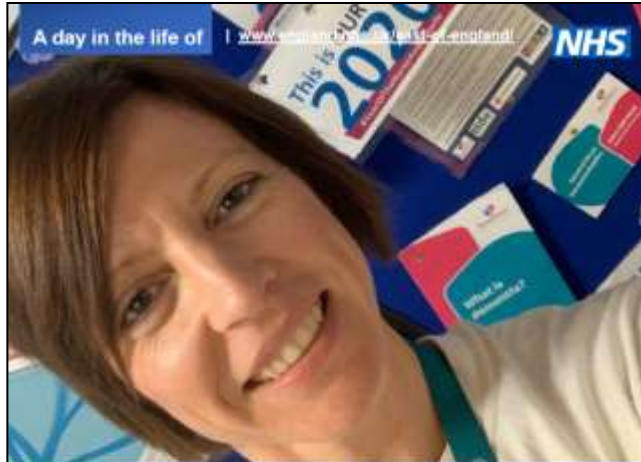
Issue 2 | March 2020



Celebrating Learning Disability Nurses,
Learning from the past and looking to the future



During Year of the Nurse and Midwife we'll be saying thank you to our nurses and midwives, celebrating the impact they have on our society and showcasing nursing and midwifery as brilliant and rewarding professions to aspire to.



Meet Hannah Gardner

Hannah is an Admiral Nurse at East and North Hertfordshire NHS Trust.

I have been an Admiral Nurse for over two years at East and North Hertfordshire Trust and enjoy every day. Dementia is very close to my heart as my mother, who was also a nurse at the Trust, died aged 60 from early onset Alzheimer's.

On a typical day...

I support all staff within the Trust caring for people with dementia and their families. I also deliver dementia training to all NHS staff within the Trust. Every day is different, from supporting students to developing our environments.

People living with dementia can become more confused due to pain, infection or even change of environments and it is important to make sure their unmet needs are addressed.

How I've made difference

Becoming an Admiral Nurse and linking with national dementia charity, Dementia UK, has enabled the Trust to have pathways with community Admiral Nurse Services at Carers in Herts, Isabel Hospice and Garden House. This ensures people with dementia and their families get support on admission and continue to receive support on discharge.

I have introduced and designed for 2 dementia training for staff who work closely with people living with dementia, which helps them to feel more confident caring for patients and their families. Nationally, I have promoted our service at the UK Dementia congress and our evaluation report has been shared with other trusts considering an Admiral Nurse.

Support me run the 2020 London Marathon
I will be running the London Marathon for the East & North Hertfordshire Hospitals' Charity to raise vital funds for our dementia patients. You can sponsor me here: <https://tinyurl.com/vcag3c>

@NHSEastEngland
#YearoftheNurseandMidwife



East and North Hertfordshire
NHS Trust

Our pathways to excellence

By East and North Hertfordshire NHS Trust



As we continue our celebrations in the Year of the Nurse and Midwife, we are delighted to have launched our **Pathways to Excellence®** programme. Building on the foundations already established within the trust's clinical excellence accreditation framework (CEAF), pathways is a formal recognition and accreditation of nursing and midwifery excellence that promotes a positive practice environment, and offers proven strategies to ensure that the care that we deliver to our patients is of the highest standard. We are one of just 14 trusts across the country, chosen to participate in the programme. The programme focuses on six pathways: shared decision making, leadership, safety, quality, wellbeing and professional development.

@NHSEastEngland
#YearoftheNurseandMidwife



Play Your Cards Right

Nursing and Midwifery Quality Huddle

Play Your Cards Right

Guessing 'higher' or 'lower'
on statistics and facts
around dementia.



International Day of the Nurse – 12 May 2020

An opportunity to celebrate the hard work and dedication of our nurses



A day to shine and an opportunity for us all to reflect on the impact our professions have on keeping patients safe and protecting our population's physical and mental health and wellbeing.

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Ease of use

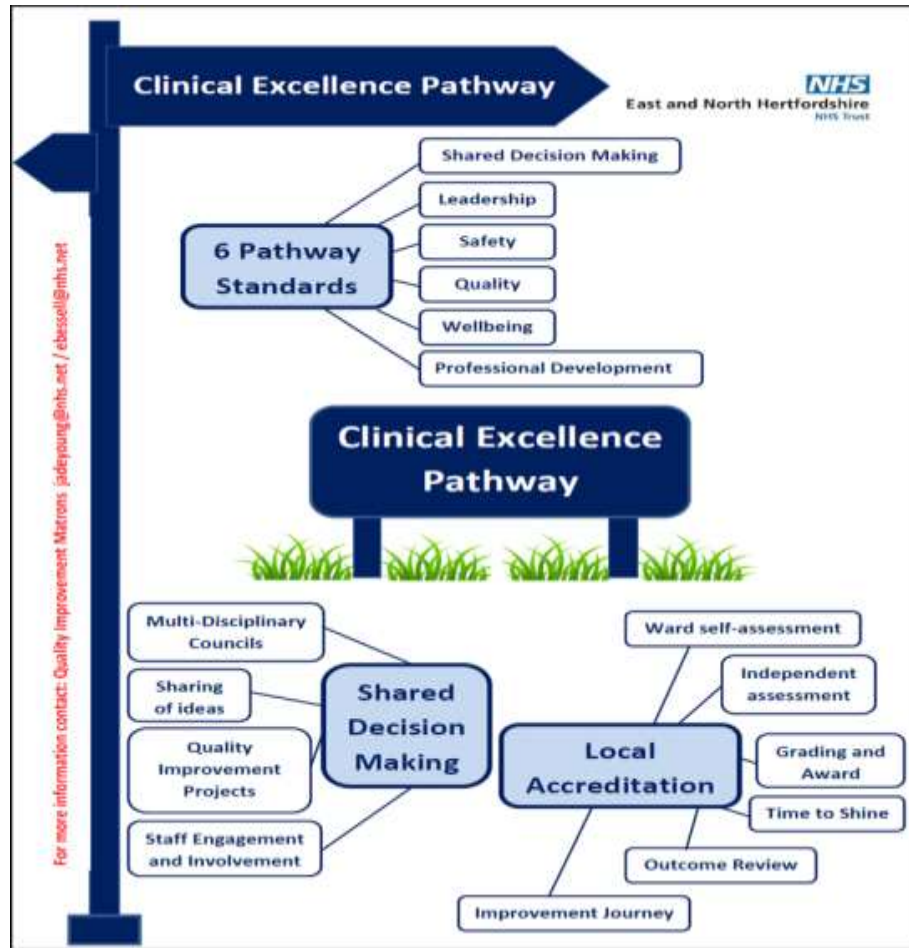
Sustainability

Clinical Excellence Pathway

Supports all staff to recognise & embrace that they are leaders

Affect and Influence a situation and its outcome

Give recognition and show appreciation



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International Day of the Midwife – 5 May 2020

Midwives have risen to this extraordinary challenge to support one another in the fight to protect women and babies



Retired midwives have donned their name tags again and reunited with colleagues; student midwives have stepped up to support the maternity team and each member of staff has pulled together to provide excellent care.

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Neonates and Children's Services



Surgical Division





Team work
Resilience
Compassion
New ways of
working



Describing our passion for nursing and midwifery.....

*Pride
Compassion
Privilege*

Rachael Corser
Chief Nurse

*Resilience
Compassion
Working together*

Carol Mumford
Head of Nursing

*Kind
Inclusive
Compassion*

Karen Cameron
Deputy Director of Nursing

*Compassion
Care
Support*

Hannah Gardner
Admiral Nurse