

**Further information can be obtained from:**

NHS 111	Dial111
Or contact your GP	
Bluebell Ward, Lister Hospital, Stevenage	01438 284008
Children's Day Services	01438 286315
Children's Emergency Department, Lister Hospital, Stevenage	01438 284333
Patient Advice and Liaison Service	01438 285811

## Plastic Surgery

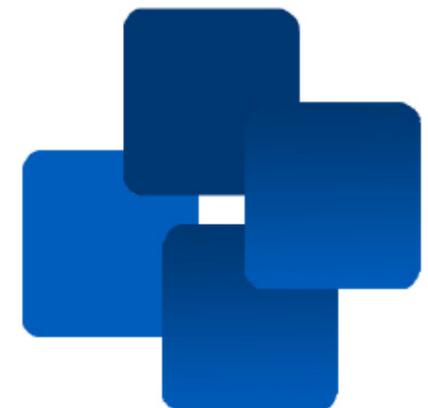
### Child Health Patient Information Leaflet



[www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)

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You can request this information in a different format or another language.



## Introduction

Your child has received treatment today in our Children's Unit. A general anaesthetic, sedation or local anaesthetic will have been used.

If your child received only local anaesthetic to the area treated, please read the paragraph "After the Operation" as the following section will not be relevant.

## After the Anaesthetic / Sedation for 24 Hours

Please ensure that your child rests for the remainder of the day under the supervision of a responsible adult.

Your child should not go back to school either the day of, or the day after their operation as decision making and judgement is affected by the medication used for the anaesthetic.

Your child may feel nauseous or be sick. This is common following an anaesthetic. Please encourage them to take small amounts of fluids regularly to prevent dehydration.

## After the Operation

Do not get the treated area wet for  
\_\_\_\_\_

The dressing may be removed on  
\_\_\_\_\_

Your stitches need to be removed  
\_\_\_\_\_

Your Dressing Clinic appointment is on  
\_\_\_\_\_

## Pain Relief

Your child may experience some discomfort following the procedure so regular pain relief is advised. Paracetamol and/or Ibuprofen given regularly for the next few days should be adequate. Please read the bottle for the correct dose for your child according to their age.

**Paracetamol last given:**  
\_\_\_\_\_

**Ibuprofen last given:**  
\_\_\_\_\_

## Complications

Whilst at home please be alert for any signs that the site of the surgery has become infected.

These include:

- Your child being in a lot of pain despite regular Paracetamol / Ibuprofen.
- Your child having a high temperature (fever) of 38°C (100°F) or above.
- The site of the surgery being red, inflamed and /or feeling hotter than the surrounding area.
- A discharge of pus or fluid from the site of the surgery.

**If you notice any of these signs or symptoms please contact your GP or Children's Emergency Department as soon as possible for advice.**

## Follow Up

You will / will not be sent an appointment in the post for  
\_\_\_\_\_