

Neonatal Unit – Information for Visitors

Parents, you are welcome on the Neonatal Unit at any time whilst your baby is here. Brothers and sisters of the baby are also very welcome.

On entering the Neonatal Unit, please remove your outside coats or jackets and place them on the coat hooks provided. When entering the nurseries, please wash your hands with soap and water.

During the morning, when the medical ward round takes place, we are happy for you to be present to be updated on your baby's condition and plan of care. However, due to confidentiality, visitors will be asked to leave the nursery when the doctors are attending other babies.

Alternatively, to stay on the ward during ward rounds and at nursing handover times, the nursing staff can provide you with noise-cancelling built-in radio headphones to wear. This will minimise the amount of time spent away from your baby. If you do not wish to wear the headphones during the above times whilst other babies are being attended to, you will be asked to leave the nursery - this is to protect other families' confidentiality. Please ask a member of staff for the leaflet that explains about wearing the headphones.

During the hours of 1pm - 3pm, the babies have a rest period. This is their opportunity to rest from the medical and nursing interventions they receive. This period is strictly for parents only to visit.

During the hours of 3pm – 6pm, one additional person may visit your baby when accompanied by one or both parents. This can be either one of the grandparents at a time, or only one nominated family member/friend. Unfortunately, no other visitors will be permitted to visit your baby while they are receiving care on the Neonatal Unit.

To minimise the risk of infection, we ask that visitors do not handle or cuddle the babies whilst they are in the Neonatal Unit.

When you or your visitors are not at the cot space visiting your baby, please use the Parents' Sitting Room or wait by the Maternity Reception area. Please do not wait in the entrance to the Neonatal Unit or along the corridors, as these need to be kept clear for access.

Thank you for your co-operation