

An easy guide to your: Gastroscopy

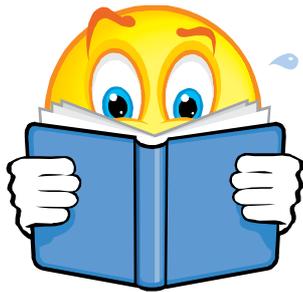
A test to look inside your stomach



Lister Hospital
Coreys Mill Lane,
Stevenage,
Hertfordshire,
SG1 4AB
01438 284062

QEII Hospital
Queens Wing
Howlands
Welwyn Garden City
Hertfordshire
AL7 4HQ
01707 224779

The nurse will explain the test and what can happen and why it is important to have this test.



The nurse will show you some photos of the test then you can decide if you would like to have the test.

The nurse will ask you to sign or put your name on a form to say the doctor can do the test, which is called consent. This is only the case if the person is older than 16.

The nurse will put a plastic bracelet on your wrist with your name on it.



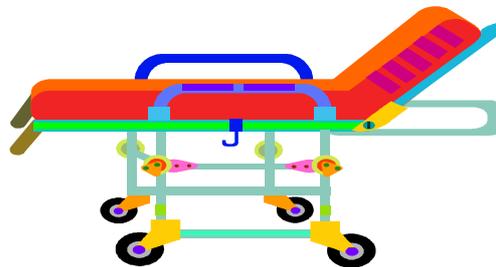
The nurse will take you and your carer into another room where the doctor will be waiting for you. The nurse will be with you at all times. The test will take 5-10 minutes.

The nurse will ask you to sit on the bed. If you have dentures you will need to take them out and the nurse will look after them for you.



The nurse will spray medication into your mouth which will give you a funny feeling (this is called a local anaesthetic). This will help the tube go into your tummy.

You will lie on a bed on your left side.



The nurse will put a needle into your hand (this will feel like a sharp scratch).

This is where the medication will go in and make you feel sleepy and relaxed.

A special mouth guard will be put in your mouth and your lips will hold this in place.

A tube will go into your mouth and the doctor will ask you to take a big swallow (this is like eating your food) this may feel uncomfortable because air is put into your tummy which will make you feel full up and burp.



The doctor may need to take a sample of your tummy (this is called a biopsy and should not hurt you). The doctor will slowly take the tube out of your tummy and out of your mouth.

The nurse will take away the mouth guard and the nasal oxygen from your nose.

If you had dentures the nurse will give them back to you.

Rest Time

The nurse will wheel you out on your bed to have a rest in another room. The nurse will take your blood pressure again to make sure you are okay. A clip will be placed on your finger again.

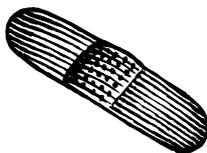


After your rest

The nurse will sit you in a chair and give you a drink and something to eat.



The nurse will take out the needle in your hand and put a small plaster on.



The nurse will take you and your carer into a room and she will explain if you need to come back to see the doctor again. Then you are ready to go home.

Please fill this in and bring it with you. If you need to ask someone to help you.

HEART	YES	NO
Heart disease		
Valve surgery, angina, heart attack		
When did you last have chest pain _____		
High blood pressure		
Rheumatic Fever		
Stroke		
Circulation (e.g. thrombosis)		
Other		
Did any of above require anticoagulants?		
Nursing notes		
LUNG	YES	NO
Lung Condition (e.g. emphysema, asthma)		
Coughing up blood		
Other		
Nursing notes		
LIVER/KIDNEY/URINARY TRACT	YES	NO
Liver Condition (e.g. jaundice, cirrhosis):		
Kidney (e.g. kidney stones, infection)		
Urinary Tract (e.g. infection, blood in urine)		
Nursing notes		
INFECTIOUS DISEASES	YES	NO
TB		
Hepatitis (B or C)		
HIV/Aids		
MRSA / Other		
Have you ever been notified that you are at risk of CJD or vCJD for public health services	YES	NO

GASTROINTESTINAL TRACT	YES	NO
Stomach (e.g. ulcers, hiatus hernia)		
Bowel (irritable bowel, polyps, cancer)		
Nursing notes		
OTHER CONDITIONS	YES	NO
Diabetes		
Epilepsy		
Anaemia		
Glaucoma		
Nursing notes		
OTHER DETAILS	YES	NO
Dentures		
Hearing Aid		
Glasses/contact lenses		
Body piercing		
Metal joints or any bones pinned		
Are you sensitive/allergic to anything? (E.g. antibiotics/ latex / foods / adhesive etc.)		
Nursing notes		
LIFESTYLE	YES	NO
Do you smoke		
Do you drink alcohol (If yes nbr units per week - 21 male 14 female)		
Do you take any illegal substances?		
Nursing notes		

USEFUL NUMBERS

Nurses Enquiry Line

Lister 01438 284273/ QEII 01707 224779

Endoscopy Appointment Office

Lister 01438 284062/ QEII 01707 224779

Diabetes Nurse

01438 284560

Anticoagulation Clinic

01438 285335

Help us to help you

We would welcome any comments from you regarding your stay in our department, and on the Information leaflets. Please use the suggestion book or forms provided, and fill in a satisfaction survey if you have the time.

If you have any personal values and beliefs that relate to your care, please inform the named nurse on admission. Please contact the Endoscopy unit dealing with your procedure.

If no one is available to answer your call, please leave a message on the voice mail, and someone will return your call.

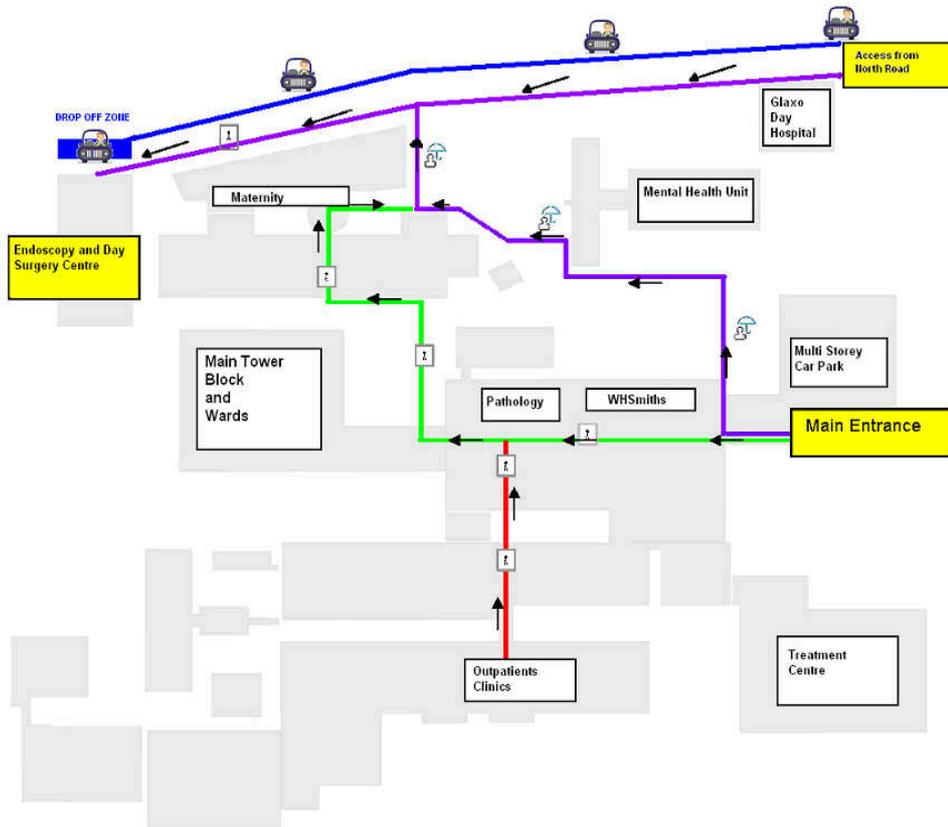
If you have any other questions, telephone the nurses enquiry line at the hospital you will be attending for your procedure.



Use this page to write any questions down that you may want to ask the nurses and Doctors



How to get to us



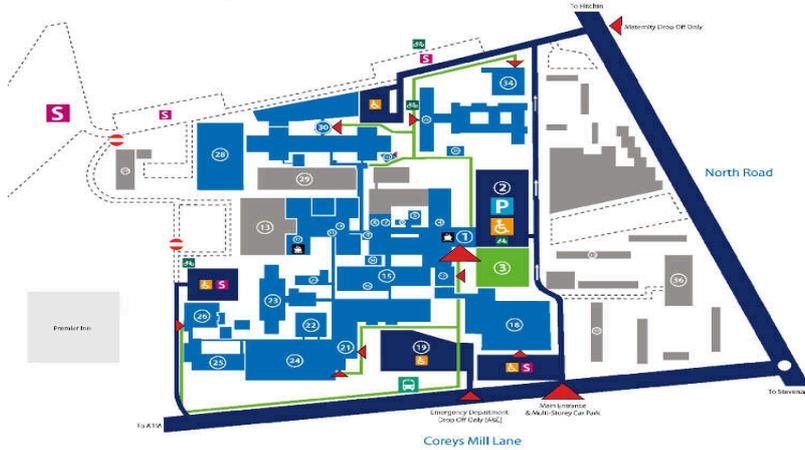
Lister Hospital parking arrangements for Day Surgery and Endoscopy Centre

There is dedicated short term parking for patients and visitors to the Centre. There are two drop-off bays outside the entrance to the Centre. Parking is not allowed at any times as these bays are for drop-off only.

Opposite the Centre is a small pay and display car park. Parking charges are displayed at the entrance to the car park and by the pay and display machines. Parking for up to 15 minutes is free of charge. The maximum period allowed is two hours. Parking for longer periods is available in the multi-storey car park which can be accessed from Corey's Mill Lane.

Site Maps

East and North Hertfordshire NHS Trust



Lister Hospital Corey's Mill Lane, Stevenage, SG1 4AB, Switchboard 01438 314333, Website www.enherts-tr.nhs.uk

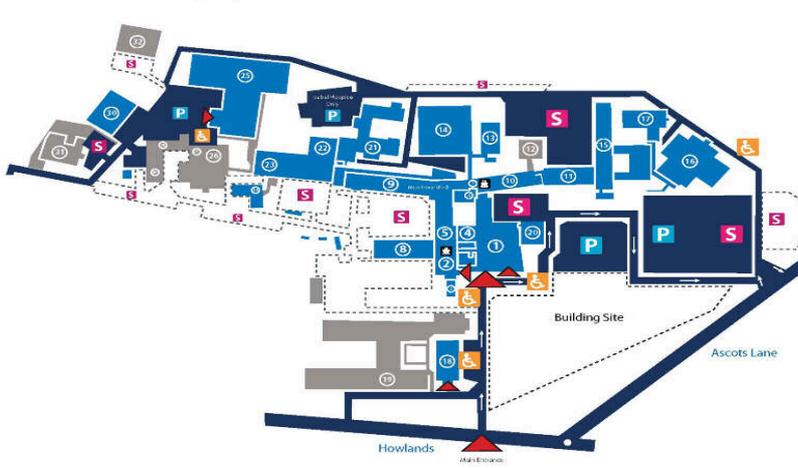
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Key	
	No Entry
	Public Car Parks & Roads
	One Way Only
	Staff Car Parks & Roads
	Disabled Parking
	Cycle Parking
	Unmarked Parking
	Public Parking
	Staff Parking
	Entrance
	Public Buildings
	Staff Buildings
	Refreshments

- Ashwell Offices
- Bluebell Ward (Level 2)
- Cash Office
- Children's Services (Level 2)
- Clinical Photography
- Day Hospital (Level 2)
- Dining Room (Level 2) & Co-Op Lounge
- Emergency Department Only (Level 2)
- Emergency Department Drop Off
- Endoscopy and Day Surgery Centre
- Estates Office
- Fracture Clinic (Outpatient Clinic H)
- Fragrance Office
- Gleao Day Hospital*
- GP Out of Hours Service (Level 2)
- Herts Cardiology Centre (Level 2)
- Library
- Litton Education Centre
- Macmillan Cancer Treatment & Support Centre
- Main Entrance
- Maternity
- Mental Health Unit*
- Multi-story Bus Unit (Level 2)
- Multi-story Car Park & Drop Off
- New Ward Block
- Nuclear Medicine
- Occupational Health Services
- Old School of Nursing
- Outpatient Departments - Clinics A-G
- PALS (Patient Advice & Liaison)
- Pathology (Blood Tests)
- Pharmacy
- Playa
- Pre-Operative Admissions
- Public Toilets
- Radiology (X-Ray) (Level 2)
- Renal / Dialysis
- Shop
- Smoking Shelter
- Stores / Goods In (Level 2)
- Strathmore Unit (Level 2)
- Theatres (Level 4)
- Tower Block
- Treatment Centre

*In partnership with Hertfordshire Partnership NHS Foundation Trust

East and North Hertfordshire NHS Trust



QEII Hospital Howlands, Welwyn Garden City, AL7 4HQ, Switchboard 01707 328111, Website www.enherts-tr.nhs.uk

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Key	
	Public Car Parks & Roads
	One Way Only
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	Disabled Parking
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	Staff Parking
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	Public Buildings
	Staff Buildings
	Refreshments

- Accident & Emergency**
- Adult Minor Injuries Unit**
- Ambulatory Care
- Birch Court
- Booker House
- Catering
- Children's Area***
- Clinical Decisions Unit
- Cardiology Catheterisation Clinic
- Day Surgery
- Dining Room
- East Wing
- Elizabeth House
- Endoscopy
- Estates & Capital Projects Dept
- Facilities Department
- Garden Cafe
- Imperial Hospice
- Medical Records
- Mental Health Unit
- Mechanics Training Suite
- MRI Unit
- North East Wing
- Nursery
- Occupational Therapy
- Outpatient Department
- Paediatric Minor Injuries Unit****
- Pathology Unit
- Post-Grad Centre
- Princess Wing
- Queens Wing
- Radiology
- Social Club
- South Block One
- Supplies
- Toilets
- Vikki Adkins Breast Unit
- West Wing

**Adult A&E open 8am to 8pm
 ***Adult Minor Injuries Unit open 8pm to 8am
 ****Paediatric Minor Injuries Unit open 24 hours

Please note:
 1. There is no paediatric A&E service at the QEII Hospital.
 2. Children under 12 months will NOT be seen in the Minor Injuries Unit.

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www.enherts-tr.nhs.uk

You can request this information in a different format or another language.