

Patient Information - Discharge Following Minor Surgery

Department of Ophthalmology

Following Your Operation

- Please do not rub or touch your eye.
- Please leave your dressing in place until _____
- Your face and mouth may feel numb following your anaesthetic. This is normal and will gradually wear off.
- Your eyelid and cheek may also be bruised and swollen. This is normal and could last for two to three weeks.
- You are advised not to drive with an eye pad in place as your vision will be impaired. This will also invalidate your insurance.
- You may feel some discomfort for 2-3 days after your operation. Taking paracetamol can help relieve this. **If you have severe pain, please contact the Lister Hospital on 01438 288122 and ask for the Urgent Eye Clinic.**

General Instructions Following Your Operation

- If there is oozing, wipe your eyelids with clean cotton wool or tissues dipped in cooled boiled water. Use the cotton wool or tissue only once and then throw it away. Always wash your hands thoroughly before and after touching your eye.
- Please follow the directions carefully on using your drops/ointment as they are very important. Keep using your drops/ointment as instructed.
- Always wash your hands thoroughly before and after using your drops/ointment.

You should contact the Urgent Eye Clinic on the number below if:

- You have excessive pain. Your eye becomes very sticky.
- Your eyelid becomes redder, swollen, or itchy after using your drops or ointment.

Urgent Eye Clinic – Opening times:

- Monday - Friday: 9am to 7pm.
- Saturday: 9am to 12:30pm.
- Closed from Saturday after 12:30pm until Monday at 9am.
- Closed Bank Holidays - please attend your local A&E department.

Contact details:

The Lister Treatment Centre
Lister Hospital
Coreys Mill Lane
Stevenage
Hertfordshire SG1 4AB

Telephone: 01438 288122 - Select Menu Option 2, 3 or 4

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