

## Useful Telephone Numbers

- ENT Department, Lister Hospital  
Telephone: 01438 314333, Ext. 5113 / 4118
- ENT Admission Office (waiting list)  
Telephone: 01438 286836 or 01438 286835
- ENT Nurse Specialist (Monday to Friday, 8.30am - 6pm)  
Telephone: 01438 314333, bleep 1028  
Mobile: 0778 534 3359 or 0787 639 0290

Useful ENT website: [www.entuk.org](http://www.entuk.org)

### In an Emergency:

**Dial 999 and request an ambulance or attend the nearest A&E of the following hospitals unless away from home**

- **Lister Hospital A&E (SG1 4AB) - 01438 784732**
- **New QEII Urgent Care Centre, Welwyn Garden City - 01707 247549**
- **Luton and Dunstable**
- **Princess Alexandra Hospital, Harlow**

**Lister Hospital  
Coreys Mill Lane  
Stevenage  
Hertfordshire  
SG1 4AB  
Tel: 01438 314333**

[www.enhertr.nhs.uk](http://www.enhertr.nhs.uk)

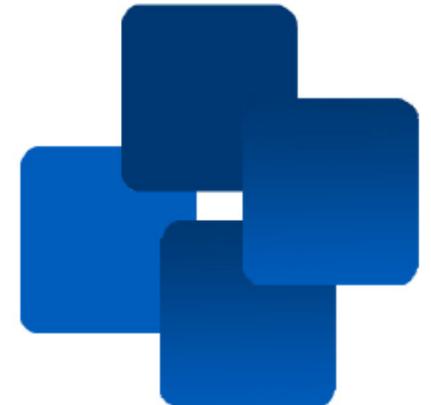
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## Patient Information

# Manipulation under Anaesthetic (MUA) of Fractured Nose (Adults)

Ear, Nose and Throat Department



## **Manipulation Under Anaesthetic (MUA) of Fractured Nose**

MUA is an operation involving the manipulation or straightening of a broken (fractured) nose. The aim of this procedure is to correct the nasal deformity back to its original shape and improve the nasal blockage symptom caused by the fracture.

### **Indications**

Trauma to your nose may cause a shift of the nasal bones. This may cause an obvious deformity of the nose (bent nose) and some degree of nasal blockage.

It is best to reassess the situation about a week after the injury, when most of the swelling has settled. Fractured nasal bones heal about 2-3 weeks following trauma. There is more chance of a successful manipulation (moving) of the fractured nasal bones back to the original position in the second week following the injury.

### **Procedure and anaesthetic**

You will be asleep (under a general anaesthetic) during this procedure. The nose is pushed until the bones slip back into their original position. You may have a splint on your nose afterwards which will remain in place for approximately one week. After the operation you will need time to wake up and will stay in the recovery area. You will be away from the ward for about an hour.

### **Risks and complications**

Occasionally bleeding can occur that may require insertion of packing into each nostril. It would be removed before discharge home. If this happens in the hours following surgery then a further operation may be required to control it. Rarely, bleeding may occur up to ten days after leaving hospital. This could indicate an infection where admission to hospital may be required.

During the operation, there is a very small chance that we may chip or knock out a tooth, especially if it is loose.

## **Time in hospital**

This is a day case procedure.

## **Post-operative care and advice**

The operation will result in a blocked nose and sore throat. The soreness may last up to a week. You will be given pain relief.

Forceful nose blowing should be avoided for at least one week to prevent bleeding.

## **Care at home and time off work/school**

You may need to take one to two days off work/school.

If you have any fresh/profuse bleeding from your nose, return immediately to the Accident and Emergency department or call an ambulance.

## **Follow-up**

A follow-up appointment is not usually necessary unless the surgeon feels you need to be seen in clinic. This will be arranged before you go home.

The swelling/bruising will settle slowly over six weeks after the surgery.

If you are not satisfied with the outcome of the surgery after this time, please contact your GP. If your GP feels it appropriate, we will review the situation in the ENT Outpatient Department.

If appropriate, you may then be offered a relatively more significant surgery such as rhinoplasty or septorhinoplasty to improve the appearance and function of your nose.