

Useful Telephone Numbers

- Bluebell ward, Lister Hospital
Tel: 01438 284008
- Children's Emergency Department, Lister Hospital
Tel: 01438 284333
- Children's Day Services, Lister Hospital
Tel: 01438 286315
- ENT Department, Lister Hospital
Tel: 01438 314333, Ext. 5113 / 4118
- ENT Admission Office (waiting list)
Tel: 01438 286836 or 01438 286835
- ENT Nurse Specialist (Monday to Friday, 8.30am - 6pm)
Tel: 01438 314333, bleep 1028
Mobile: 07785 343359 or 07876 390290

Useful ENT website: www.entuk.org

In an Emergency:

Dial 999 and request an ambulance or attend the nearest A&E of the following hospitals unless away from home

- **Lister Hospital A&E (SG1 4AB) - 01438 784732**
- **New QEII Urgent Care Centre, Welwyn Garden City - 01707 247549**
- **Luton and Dunstable**
- **Princess Alexandra Hospital, Harlow**

Lister Hospital
Coreys Mill Lane
Stevenage, Hertfordshire SG1 4AB
Tel: 01438 314333

www.enhertr.nhs.uk

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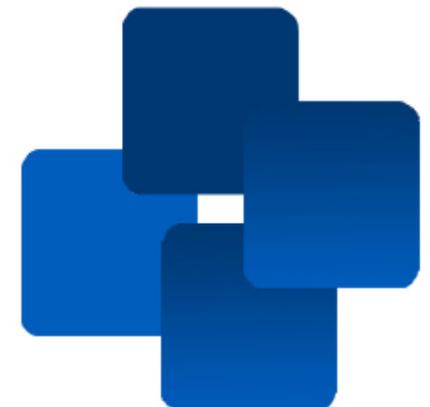
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You can request this information in a different format or another language.

Patient Information

Manipulation under Anaesthetic (MUA) of Fractured Nose (Children)

Ear, Nose and Throat Department



Manipulation Under Anaesthetic (MUA) of Fractured Nose

MUA is an operation involving the manipulation or straightening of a broken (fractured) nose. The aim of this procedure is to correct your child's nasal deformity back to its original shape and improve the nasal blockage symptom caused by the fracture.

Indications

Trauma to your child's nose may cause a shift of the nasal bones. This may cause an obvious deformity of the nose (bent nose) and some degree of nasal blockage.

It is best to reassess the situation about a week after the injury, when most of the swelling has settled. Fractured nasal bones heal about 2-3 weeks following trauma. There is more chance of a successful manipulation (moving) of the fractured nasal bones back to the original position in the second week following the injury.

Procedure and anaesthetic

Your child will be asleep (under a general anaesthetic) during this procedure.

The nose is pushed until the bones slip back into their original position. Your child may have a splint on their nose afterwards which will remain in place for approximately one week.

After the operation your child will need time to wake up and will stay in the recovery area. Your child will be away from the ward for about an hour.

Risks and complications

Occasionally bleeding can occur that may require insertion of packing into each nostril. It would be removed before your child goes home. If this happens in the hours following surgery then a further operation may be required to control it.

Rarely, bleeding may occur up to ten days after leaving hospital. This could indicate an infection where admission to hospital may be required.

During the operation, there is a very small chance that we may chip or knock out a tooth, especially if it is loose.

Time in hospital

This is a day case procedure.

Post-operative care and advice

The operation will result in a blocked nose and sore throat. The soreness may last up to a week. Please give your child regular pain relieving medicines.

Your child has been given pain relief and can next have

Paracetamol at hrs and/or

Ibuprofen athrs

Forceful nose blowing should be avoided for at least one week to prevent bleeding.

The swelling/bruising will settle slowly over six weeks after the surgery.

Care at home and time off school

Your child may feel tired for the first few days. We advise that your child takes plenty of rest and sleep and gradually returns to normal levels of activity over the next few days.

If your child has any fresh/profuse bleeding from their nose, return immediately to the Accident and Emergency department or call an ambulance.

Children should be kept off school with adult supervision for one to two days.

Follow-up

A follow-up appointment is not usually necessary. If the surgeon wishes to see you an appointment will be arranged before your child goes home.