

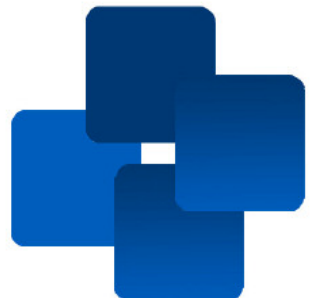
11B Minor Operation Department Wound Care Advice

Department of Plastic Surgery
Division of Surgery



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11B Minor Operation Department Wound Care Advice

- Please keep all wounds clean and dry for at least 3 days unless otherwise instructed
- You will be advised if it is okay for you to shower, but please try not to get the operated area wet
- You may be given a change of dressing. The dressing should then be changed every 2 days, by yourself or you can make an appointment with your practice nurse
- We can arrange a district nurse to call if you have difficulties getting to your surgery, let us know at your appointment
- Sometimes we ask you to come back to our dressing clinic for a wound check, in which case we will give you an appointment for this
- You may have been given an ointment to use on the operated area. This should be applied morning and evening for 1 week, or as instructed by your surgeon
- Sutures / stitches should be removed after 5 days if the operation was on your face, or 7-10 days on the body. You should make an appointment with your practice nurse / district nurse for this, unless we tell you to come back to our dressing clinic
- If the surgery was on your head / face, please do not bend forward for at least 3 days, as this helps to stop bleeding to the area. When in bed, sleep propped up with pillows, as this will help and swelling to drain away from the face

- If you have any problems, we normally advise you to contact your GP. However, we do understand there are times when you may need to contact us.

If you feel it is a real emergency, our contact details are;

Ward 11B

(24 hours)

01438 781118

Dressing Clinic

(8am - 5pm, Monday - Friday)

01438 314333 Ext. 4767

11B Minor Operations Department

(8am - 5pm, Monday - Friday)

01438 314333 Ext. 4527

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