

Contact details

Oral and Maxillofacial Department
Lister Hospital
Coreys Mill Lane
Stevenage
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SG1 4AB

Telephone: Lister Department, Stevenage ☎ 01438 284060
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Monday to Thursday, 8.30am - 5pm
and Friday, 8.30am - 1pm.

Out of these working hours please contact:
Luton and Dunstable Hospital out of hours service ☎ **01582 491166**
and **ask for the maxillofacial doctor on call.**

Patient Information

Minor Oral Surgery Pre-operative Instructions

Oral and Maxillofacial
Department

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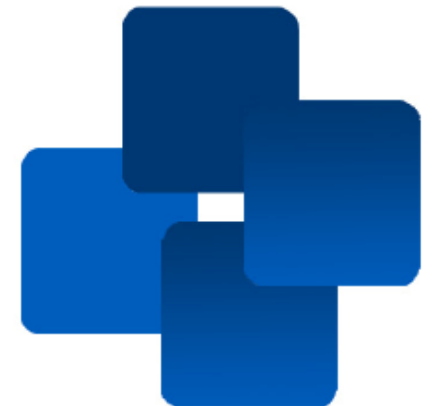
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Introduction

The purpose of this leaflet is to explain to patients undergoing minor oral surgery (under a local anaesthetic) what to do before and immediately after your minor oral surgery.

Before surgery

On the day of surgery have something to eat and drink as normal before you arrive in the department.

It is best to attend with a companion who, if necessary, can accompany you home afterwards.

During surgery

The surgery itself should not take longer than about 30 minutes. Dissolvable sutures will be used to close the wound.

After surgery

- You should be able to drive quite safely, provided you have not received any oral sedation prior to the surgery.
- It is advisable to take painkillers two hours after surgery before the local anaesthetic wears off. Antibiotics will be prescribed if necessary.
- Please do **not** smoke following the procedure. Smoking delays healing and increases the risk of infection.
- You may find that your face swells for up to two days after, stays the same for two days and then starts to go down over the next five days or so.
- You will be given a full set of post-operative instructions at the time of surgery.

Questions

If you have any questions that have not been answered by this leaflet, please contact the Oral and Maxillofacial Department - Please see overleaf for contact details.

Please use this space to write down any questions you may like to ask: