

Contact Numbers for Further Information

Renal Support Team 01438 284957
Email: renalsupportservice.enh-tr@nhs.net

Other Useful Contact Details

CKD Nurse Specialists (Renal Liaison Team) 01438 285698
Renal Transplant Co-ordinators 01438 285466
Ward 6B, Renal Ward, 01438 285063 / 284068

NHS 111 - Available 24 hours a day

Offers medical advice and help from fully trained advisers supported by experienced nurses and paramedics.

Acknowledgements

We would like to thank **Lister Area Kidney Patients Association** (LAKPA) for their collaboration and funding for this role.
www.lakpa.org

We would also like to thank **The Organ Donation Committee** (ODC) for the funding for this role.

Patient Information

Renal Peer Support

How we can help you
and your family or carers



What is Renal Peer Support?

Renal peer support is an opportunity for our kidney patients to talk with an experienced kidney patient on a one to one basis.

Who is a peer supporter?

A peer supporter is an experienced kidney patient, and can be a family member or carer of a kidney patient who have had formal training to offer one to one support. They have a wide range of different experiences and are of different ages and backgrounds.

Is peer support only for patients?

No, it's also available for all families and carers of kidney patients.

Is peer support confidential?

All discussion between you and your peer supporter will be treated sensitively. However, the peer supporter is obliged to speak to a doctor or nurse if they feel that you or someone else is at risk of harm.

What can peer support not offer?

A peer supporter cannot offer any medical advice on treatment, they only share what it was like for them.

Peer supporters cannot offer counselling but they can give you information and contact details of someone who can help.

How can I meet a peer supporter?

Ask any of the renal team for a referral. Alternatively, you can contact the Renal Support Team direct: ☎ **01438 284957** or email: renalsupportservice.enh-tr@nhs.uk

Will I have anything in common with the peer supporter?

We will do our best to match you up. You can ask for someone of your age group or background or someone who is undergoing or had a specific treatment. Hopefully you will find that you do have things in common with your peer supporter.

Can I request peer support at any time?

Yes, you can request to speak to a peer supporter at anytime. It could be when you are given your diagnosis or considering treatment options, or you may just want to speak to someone who might understand how you are feeling day to day.