

Inhaler Technique

1. Separate the blister strips by tearing along the perforation,
2. Peel back the foil until one capsule is fully visible, Do not push capsule through foil,
3. Remove the capsule from the foil pack
4. Pull off the dust cap on the inhaler,
5. Hold the base of the inhaler firmly and tilt the mouthpiece to open the inhaler
6. Place the capsule into the capsule chamber
7. Close the inhaler until you hear a "click"
8. Hold inhaler upright, pierce capsule by firmly pressing orange sides together, you will hear a "click" as capsule is pierced, then release,
9. Breathe out fully
10. Place mouthpiece between your lips, close lips firmly around it, then breathing in rapidly but steadily, as deeply as you can,
11. As you breathe in, the capsule will make a whirring noise, it will taste sweet, if it does not make a noise, open inhaler and tap inhaler to loosen the capsule, repeat step 10,
12. Remove the inhaler from your mouth whilst holding your breath for 5 –10 seconds, or as long as it is comfortable

13. Resume normal breathing

14. Open the inhaler to see if any powder is left in the capsule. Close inhaler and repeat steps 10-13.

Remember to remove the used capsule and dispose of it, and replace the dust cap after use.

Further advice:

The Breezhaler should be cleaned once a week. This can be achieved by:

1. Opening the dust cap and mouthpiece
2. Open the base by flipping the mouthpiece upwards
3. Never wash inhaler with water, just wipe the mouthpiece inside and outside with a clean, dry, lint-free cloth to remove any powder residue. Keep inhaler dry.

You can request this information in a different format or another language.

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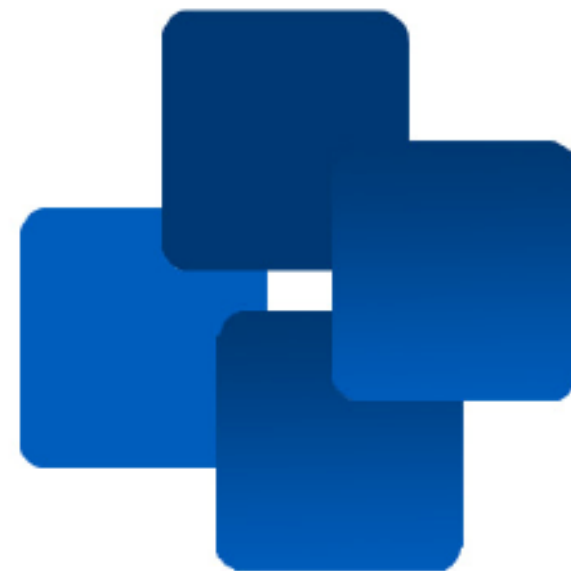
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Breezhaler information leaflet



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