











Meet the Team

	<p>Rachel Allen (Team Lead) is a priest in the Church of England and leads the team full-time across all sites, visits patients and teaches Equality and Diversity to staff at the Trust.</p>		<p>Rizwan Rawat is Muslim and an imam. He works full time at the Trust, three days a week at Mount Vernon. These are usually Monday, Tuesday and alternate Thursdays and Fridays, enabling him to lead Friday prayers at both Lister and MVCC.</p>
	<p>Michael Sijuwade is a Pentecostal Christian and a pastor. He is at Mount Vernon on Wednesdays.</p>		<p>John O'Neill is a Roman Catholic lay chaplain. He is at Mount Vernon on alternate Fridays.</p>
	<p>Mary Porter, our humanist pastoral Caregiver, is with us on Wednesdays, available on request.</p>		<p>Bhante Samitha, our Buddhist chaplain, teaches Mindfulness meditation on Tuesdays and is available on request.</p>
	<p>Vijay Oza, our Hindu chaplain teaches mindfulness on Thursdays at MVCC and available on request</p>		<p>Tirath Singh Bhavra, our Honorary Sikh chaplain is available on request.</p>
	<p>Maureen Tinsey is a Church of England lay chaplain and volunteers with the team. She visits patients and families on Wednesdays and takes a service.</p>		<p>We also have honorary chaplains who are Liberal Jewish, Christian Orthodox, Coptic Orthodox, Pagan and we hope to have an Orthodox Jewish chaplain soon.</p>

www.enher-ts-tr.nhs.uk

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Patient Information

Spiritual and Pastoral Care Team

BMI Bishops Wood Hospital



Here for all, listening to you - heart and soul

Who are the Spiritual and Pastoral Care Team?

We are a multi-faith and belief team working across all sites within the East and North Hertfordshire NHS Trust who support:

Patients

Visitors

Staff

Volunteers

**As a team we are here not to direct, but to walk alongside;
not to tell, but to listen; not to judge, but to understand.**

We enable people to connect to their own sources of strength, comfort and hope.

Contact us:

Telephone - 0203 826 2658

Email - spiritualcare.enh-tr@nhs.net

or ask a member of ward staff to contact us.

We are at BMI Bishops Wood Hospital for a few days each week.

Each of the team offers support as one person to another. If you have a request for the comforts of your own faith or tradition, please let us know as soon as possible after your admission. Many wards also have spiritual care volunteers who support on request.

Multi-faith chapel

You are always welcome to spend time in the multi-faith chapel, situated by the main entrance to MVCC, which has a peaceful atmosphere for everyone, along with books and resources from all major traditions.

Examples of what we can offer:

- Listening support
- Holy Communion on Wednesdays at 12.30pm in the chapel or at your bedside
- Sacrament of the Sick from a Roman Catholic priest
- Mindfulness meditation on Tuesdays at 12 noon (lasting half an hour) in the chapel
- Muslim Jumuah prayers on Fridays in the Prayer Room at MVCC
- Welcoming the Sabbath at your bedside

Just ask, and we will do our best to help