

Meet the Team

	<p>Rachel Allen (Team Lead) is a priest in the Church of England and leads the team full-time across all sites, visits patients and teaches Equality and Diversity to staff at the Trust.</p>		<p>Rizwan Rawat is Muslim and an imam. He works full-time at the Trust and visits ACU, AMU, SAU and Pirton ward, and takes a share of the Tower block visits for the team.</p>
	<p>Michael Sijuwade is a Pentecostal Christian and a pastor. He works four days a week at the Trust visiting SSU, Ashwell, Swift, ED, Dialysis and Chemo Suites as well as taking a share of the Tower block visits.</p>		<p>John O'Neill is a Roman Catholic lay chaplain and works three days a week. He visits Bluebell, Children's ED, Barley, Critical Care Unit and Admissions.</p>
	<p>Mary Porter, Humanist Pastoral Caregiver, is with us on Wednesdays and visits Dacre, Gloucester, CLU, Neonatal Unit and Woodlands.</p>		<p>Bhante Samitha, our Buddhist chaplain, is with us for two hours a week and teaches Mindfulness meditation on Tuesdays and Thursdays as well as seeing patients.</p>
	<p>Vijay Oza is Hindu and is usually here on Tuesdays for two hours to visit patients.</p>		<p>Tirath Singh Bhavra, our Honorary Sikh chaplain, visits for around two hours on a Tuesday.</p>
	<p>Terry Wolfe is our honorary Jewish chaplain working on Tuesdays to see patients, or at any time on request.</p>		

Patient Information

Spiritual and Pastoral Care Team

Lister Hospital



Here for all, listening to you - heart and soul

www.enher-ts-tr.nhs.uk

Who are the Spiritual and Pastoral Care Team?

We are a multi-faith and belief team working across all sites within the East and North Hertfordshire NHS Trust who support:

Patients
Visitors
Staff
Volunteers

**As a team we are here not to direct, but to walk alongside;
not to tell, but to listen; not to judge, but to understand.**

We enable people to connect to their own sources of strength, comfort and hope.

Contact us:

Telephone - 01438 285519

Email - spiritualcare.enh-tr@nhs.net

or ask a member of ward staff to contact us.

Our approach and what we offer

Each of the team offers support as one person to another. If you have a request for the comforts of your own faith or tradition, please let us know as soon as possible after your admission. Many wards also have spiritual care volunteers who support on request.

Multi-faith chapel

You are always welcome to spend time in the multi-faith chapel, situated on Level 3, which has a peaceful atmosphere for everyone, along with books and resources from all major traditions.

Examples of what we can offer:

- Listening support
- Holy Communion on Sunday at 11.15am in the chapel or at your bedside
- Sacrament of the Sick from a Roman Catholic priest
- Mindfulness meditation on Tuesdays and Thursdays at 5pm (lasting half an hour) in the chapel
- Muslim Jumuah prayers on Fridays
- Welcoming the Sabbath with other Jewish patients and staff on Friday evenings in our Sabbath/Shabbos Room

If you need help to attend any of the above, please contact us or ask a member of ward staff.