

## Useful Contact Details

Lesley Shaughnessy (Team Administrator)	01438 284957
Bedford Haemodialysis Unit	01438 286750
Harlow Haemodialysis Unit	01279 278205 / 278206
Lister Haemodialysis Unit:	01438 285657 / 284152
Luton & Dunstable Haemodialysis Unit	01582 497538
St Albans Haemodialysis Unit	01727 897588

## Further Information

### Lister Area Kidney Patients Association

(This is a local group for kidney patients and carers)

[www.LAKPA.org](http://www.LAKPA.org)

### Kidney Care UK

01420 541424

[www.kidneycareuk.org](http://www.kidneycareuk.org)

### National Kidney Federation,

Helpline 0800 169 0936

[www.kidney.org.uk](http://www.kidney.org.uk)

[www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)

You can request this information in a different format or another language.

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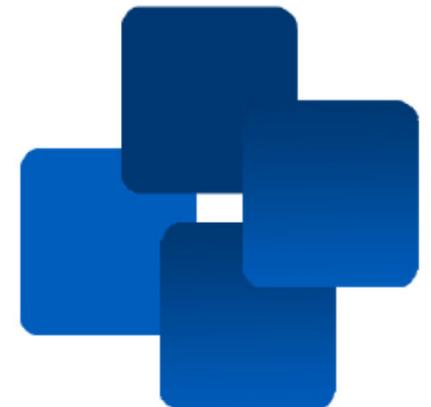
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# Patient Information

## Renal Support Team

### Renal Department



## Introduction

The Renal Team at the Lister Hospital offers a wide range of support and input from various professionals. The aim is to ensure that all elements of your care are attended to, including your medical, social, psychological and dietetic needs.

## How can the Renal Support Team help?

Having a chronic illness, and sometimes also the treatments for this, can be very challenging for the patient and those close to them. The service offered by the Renal Support Team aims to help relieve some of the difficulties and challenges that people with chronic renal failure may face.

## Who are the Renal Support Team?

Our team consists of two social workers, a health psychologist, psychotherapist, counsellor, peer support facilitator, benefits advisor and a complementary therapist.

## Where is the service based?

The service is based in the Renal Department at the Lister Hospital. However, we also visit all of the satellite Haemodialysis Units.

## Accessing the Renal Support Team

If you would like to arrange to speak to one of the team you can access the service by speaking to a member of your renal healthcare team.

Alternatively, you can self-refer by contacting the service direct by telephoning the number below:

**Lesley Shaughnessy (Team Administrator)** ☎ **01438 284957**

or email: [renalsupportservice.enh-tr@nhs.net](mailto:renalsupportservice.enh-tr@nhs.net)

If English is not your first language, or there is a communication difficulty, we have access to an interpreting service if required.