



Workshop 6

INFORMATION TECHNOLOGY IN DIABETES

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Aim

To explore which at-risk patients should be included on your Practice high risk diabetes register - and how IT can help

Objective

By the end of this session, participants will be able to enlist the steps needed to create an diabetes risk-register within their practice



Group Work

- Why is it important to have a high risk register?
- Which patients should be included?
- What are the challenges and difficulties?

Summary

From the 6 workshops today, all ideas will be collated and posted on the website (along with all presentation material).

Thank you



- IGT, IFG, Gestational DM, metabolic syndrome
- IGT carries approx. 50% 10yr conversion rate to DM
- In USA up to 58% reduction in progression to DM with lifestyle intervention (71% in older pts)
- DPP showed 16% risk reduction per Kg lost
- Qdiabetes: <http://www.qdscore.org/>